

COVID-19 State of NH Universal Best Practices

Quick Fact Guide

The [State of New Hampshire \(NH\) Universal Best Practices](#), effective Friday, May 7th, replaces all “Safer at Home 2.0” business operations guidance. These are recommendations for all individuals, businesses, and organizations to consider and implement for their business operations. The State has also provided [additional considerations for overnight congregate settings for children](#). Nothing in this guidance precludes any business or organization from taking additional precautions for the health and safety of its employees and consumers.

Per the NH Universal Best Practices, businesses and organizations should...

Planning & Communication: Develop and/or continue to implement COVID-19 protection policies and processes. Policies should be clearly communicated to staff, visitors, attendees, and customers.

Vaccination: Provide paid time off, or other incentives, for employees to get vaccinated against COVID-19. High employee vaccination rates protect business operations.

COVID-19 Screening: Screen staff and volunteers daily before shifts to identify people who might have signs/symptoms of COVID-19 or risk factors for exposure. Individuals with symptoms or exposure should be encouraged to stay home.

Testing: Encourage COVID-19 testing for anyone with symptoms of COVID-19 and/or exposure to someone with confirmed COVID-19. Exceptions include individuals who are fully vaccinated or within 90 days of a previous COVID-19 infection.

Social Distancing: Limit capacity for social distancing to be maintained and encourage customers to stay seated when possible. Customers should wear masks when moving about within location.

Masks: In the City of Nashua, everyone over the age of 10 is required to wear a face covering in public settings where it is hard to maintain a distance of six feet from others, per [Ordinance O-20-018](#) and [Ordinance O-20-029](#).

Limiting Group Sizes: Keep group sizes small, limiting to 20 people or fewer. Avoid interaction between groups.

Modifying Layouts & Processes: Modify processes to encourage multiple layers of protection against COVID-19. Keep tables and retail displays spread out. Avoid filling indoor retail space to capacity.

Hand Hygiene: Make alcohol-based hand sanitizer readily available to employees, volunteers, and customers/clients throughout the facility and promote frequent hand hygiene.

Cleaning & Disinfecting: Make cleaning and disinfecting supplies readily available. Shared objects should be cleaned and disinfected between use and high contact surfaces at least once daily.

Improving Ventilation: Evaluate ventilation systems to increase building ventilation, in combination with opening windows to increase indoor air circulation.

Contact Tracing, Isolation, & Quarantine: Report any COVID-19 exposures to NH DHHS DPHS Bureau of Infectious Disease Control at 603-271-4496. Reporting of infectious diseases is a requirement under [NH RSA 141-C](#). Maintain attendance or customer lists and seating charts when feasible.