

# DINE SAFE AND HEALTHY!

COVID-19 is a respiratory illness that can spread from person to person. Help us prevent the spread by following these recommendations when dining out. Ordering take-out is the safest option!  
[If you are sick, stay at home and call your health care provider.](#)

## SIGN-IN TO DINE-IN



- Upon entry, leave your your name, phone number, and number of people in your party.
- If you or someone in your party is exposed to COVID-19 while dining, you can be contacted quickly to take the right steps to protect you and your family.

## WEAR A FACE COVERING

- Everyone dining out is required to wear a face covering to **cover their mouth and nose.**
- Face coverings should be worn when walking around a restaurant and only removed to eat and/or drink.



## PRACTICE SOCIAL DISTANCING

Keep a distance of at least **6 feet away** from other customers and workers, even when wearing a face covering.



## WASH YOUR HANDS



Handwashing is one of the best ways to prevent the spread. Wash your hands **before, during, and after visiting a restaurant** with soap and water for at least 20 seconds, or use hand sanitizer.

 [NashuaNH.gov/COVID19](https://NashuaNH.gov/COVID19)

 603-589-3456



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Thank you for doing your part to help prevent the spread of COVID-19.