



City of Nashua,
Division of Public Works
Mayor Jim Donchess



Karate Academy

Six week courses

- **Ages:** 4 to adult
- **Dates:** Feb. 1st until March 14th
- **Time Frame:** Between 10am to 8pm:
- **Lessons Time Length:**
45 min for children
One hour for adults
- **Location:** 22 Proctor Hill Rd, Hollis, NH
- **Cost:** \$100 per person;
per 6 week course

Class Includes:

- Group lessons
- Two private lessons
- Uniform
- 6 week course

Course break down is on
backside of form

Online registrations are available

Please visit <http://nashua.recdesk.com>

2020 NASHUA REGISTRATION FORM

Child/Adult Name _____ D.O.B. _____ Age _____ (At course Date)

Address _____ Home # _____ Emergency # _____

Medical Problems _____ Email Address _____

TUITION NOT REFUNDABLE AFTER ONE WEEK PRIOR TO START OF Course Cost: _____

(must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com. I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian _____ / _____ Date: _____
(Sign Here) (Print Here)

Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.
Make Checks Payable to: City of Nashua

Course Schedules

All courses start the week of Feb. 1st and end the week of March 8th
For more information regarding the courses or the schedule please contact:
Neil Stone Karate at 603-672-8933 or neilstoneskarate.com

Please circle the course signing up for:

Monday

10:00-10:30: Little Tigers
10:45-11:30: Uechi Fit
11:30-12:30: All Adult/Teen Ranks
3:45-4:30: All Ranks 4-5
4:00-4:30: Little Tigers
4:30-5:15: All Ranks 6
5:15-6:00: All Ranks 7-8
6:00-6:45: All Ranks 9-12
6:45-7:45: Adult/Teen Sandan & Up
6:45-7:45: Adult Brown Belt Ranks

Tuesday

10:00-11:15: Homeschool
3:45-4:30: All Ranks 4-6
4:30-5:15: White through Purple Ages 7-12
5:15-6:00: Red through Brown Ages 7-12
6:00-6:45: Jr. Black Invitational
6:00-6:45: Uechi Fit
6:45-7:45: Brown and Black Belt Adult/Teen Ranks
6:45-7:45: White and Green Belt Adult/Teen Ranks

Wednesday

11:30-12:30: All Adult/Teen Ranks
4:30-5:15: All Ranks 7-12
5:15-6:00: All Ranks 4-6
6:00-6:45: All Ranks 7-12
6:45-7:45: All Teen Ranks
7:45-8:45: All Adult Ranks

Thursday

10:00-10:30: Little Tigers
10:30-11:15: Homeschool
3:45-4:30: All Ranks 4-6
4:30-5:15: White through Purple Ages 7-12
5:15-6:00: Red through Brown Ages 7-12
6:00-6:45: Jr. Black Invitational
6:00-6:45: Uechi Fit
6:45-7:45: All Adult/Teen Brown & Black Ranks
6:45-7:45: Adult/Teen White & Green Ranks
7:45-8:45: Adult/Teen Iikyu - Nidan Ranks
7:45-8:45: Adult/Teen Brown Belt Rank
7:45-8:45: Adult/Teen Sparring

Friday

10:00-10:30: Little Tigers
11:00-12:00: All Adult/Teen Ranks
3:45-4:30: All Ranks 4-5
4:30-5:15: All Ranks 6
5:15-6:00: All Ranks 7-8
6:00-6:45: All Ranks 9-12
6:45-7:45: All Adult/Teen Ranks
6:45-7:45: Adult/Teen Black Belt Ranks

Saturday

7:00-7:45: Uechi Fit
8:00-9:00: All Adult/Teen Ranks
9:00-9:45: All Ranks 4-7
9:45-10:30: All Ranks 8-12

