



# Hepatitis A

Hepatitis A is a virus that can cause liver infection.

The virus is spread easily person to person.

## How is it Spread?

When a person ingests the virus from objects, food, or drinks contaminated by small amounts of stool from an infected person.



Sex with  
infected persons



Contaminated  
food and drink



Drug use



Not washing hands  
after bathroom use

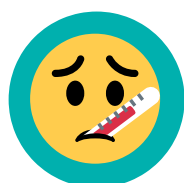
## Symptoms



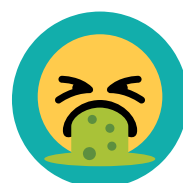
Dark pee  
Pale poop



Yellowing  
of skin or  
the eyes



Fever



Nausea  
Vomiting



Feeling  
tired

## Who is at Risk?

Anyone can get infected  
with Hepatitis A,  
but the people at  
higher risk include:

- Men who have sex with men
- People with Substance Use Disorder
- People experiencing homelessness
- People with recent jail stay

## Prevent the Spread

- Wash your hands frequently and especially after bathroom use or before food preparation
- Avoid sex with someone who has Hepatitis A infection
- Don't share personal items, food, drinks, or smoking devices with others

## Get Vaccinated

The vaccine is recommended for:

- All children starting at one year of age and older
- People who are at increased risk of infection (noted above)
- Those with chronic liver diseases
- Anyone wishing to obtain immunity

To develop a plan for your town, contact your [Regional Public Health Network](#).