



City of Nashua,
Division of Public Works
Mayor Jim Donchess

2019 TENNIS LESSONS & CAMPS

LESSONS
JULY 1ST – JULY 12TH
JULY 22ND – AUG 2ND

CAMPS
JUNE 24TH – JUNE 28TH
JULY 15TH – JULY 19TH
AUG. 5TH – AUG 9TH



****Online registrations are now available****

Please visit <http://nashua.recdesk.com> to pay online with credit card for all camps and programs.

WHERE TO OBTAIN PARKS & REC. INFORMATION



Nashua Park and Recreation

Information about Parks & Recreation events and clinics being held throughout the summer will be available at the following locations:

- Jeannotte's Market
- Bright Spot
- City Clerk's Office
- Nashua Public Library
- Public Schools
- Private Schools
- The Parks & Recreation Department

The Parks and Recreation Department can also be reached via the City of Nashua's website at www.gonashua.com.

Questions or concerns can be directed to:
Kellie DeSimone, Program Manager
Desimonek@nashuanh.gov
Or
Jeff DiSalvo, Program Coordinator
DiSalvoJ@nashuanh.gov

Nondiscrimination Policy

The City of Nashua does not discriminate against any individual or group with respect to religion, color, national origin, sex, or handicap for the use of its parks and recreation facilities or any other programs.

2019 NASHUA SUMMER TENNIS LESSON & CAMPS REGISTRATION FORM

Name _____ D.O.B. _____ Age _____ (@Camp Date)
Address _____ Home # _____ Emergency # _____
Medical Problems _____
Week Dates Attending _____

TUITION NOT REFUNDABLE AFTER ONE WEEK PRIOR TO CAMP DATE

Cost: Lessons \$90 Residents/\$130 Non-Residents
Camps: \$150 Residents/\$185 Non-Residents

(must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com. I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian _____ / _____ Date: _____
(Sign Here) (Print Here)

Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.

Make Checks Payable to: City of Nashua

LOCATION

Sargent Ave Tennis Courts
Location: Behind Amherst St. Elementary

If bad weather will be held at
Longfellow NH Tennis & Swim Club
Location: 140 Lock St, Nashua, NH 03064
Will be notified of move

WHAT TO BRING

- Tennis Racket
- Lunch (only if attend camp, not lessons)
- Water
- Athletic clothing
- Sneakers (No Flip Flops)
- Sunblock (optional)
- Hat or sunglasses (optional)

CAMP INFORMATION

CAMP DIRECTOR
SCOTT MCDUGALD

- ◆ Strokes & grips: forehand, backhand, volleys & serves
- ◆ How to return a serve
- ◆ Overhand smashing and its benefit
- ◆ Scoring
- ◆ Doubles strategies
- ◆ Footwork
- ◆ Hitting the ball off of a serving machine
- ◆ Speed of serves (including an individual speed test)
- ◆ The rules of tennis
- ◆ And most importantly...fun, fun, fun!

LESSON INFORMATION

Kids Ages 6-10

Mon/Wed/Fri

July 1 - July 12 & July 22 - Aug 2
9:00 AM - 10:00 AM

Will be taught the basics of tennis, along with some more advanced techniques. Throughout the course of the lessons, children will learn the rules of tennis, proper etiquette, serving, returns and how to hit the ball properly (forehand/backhand)

Youth Ages 10-15

Mon/Wed/Fri

July 1 - July 12 & July 22 - Aug 2
10:00 AM - 11:00 AM

Although these lessons will be more advanced in teaching the rules of tennis and how to play the game properly, they will still cater to the beginner. Players of all ability levels will learn proper techniques, and will play games to enforce what they have learned.

Adults Ages 18+

Mon/Wed/Fri

July 1 - July 12 & July 22 - Aug 2
6:30 PM - 7:30 PM

These sessions will be fun, but will also challenge all participants. Players of all ability levels are invited to get involved with the fun and excitement of the game of tennis.

MINIMUM OF 5 KIDS/ADULTS PER SESSION



PLEASE CHECK ALL THAT APPLY

Tennis Lesson

\$90/Residents \$130/Non Residents

- Kids (Ages 6-10)** 9:00 AM - 10:00 AM
Mon/Wed/Fri - July 1 - July 12
- Youth (Ages 10-15)** 10:00 AM - 11:00 AM
Mon/Wed/Fri - July 1 - July 12
- Adults (Ages 18 +)** 6:30 PM - 7:30 PM
Mon/Wed/Fri - July 1 - July 12
- Kids (Ages 6-10)** 9:00 AM - 10:00 AM
Mon/Wed/Fri - July 22 - August 2
- Youth (Ages 10-15)** 10:00 AM - 11:00 AM
Mon/Wed/Fri - July 22 - August 2
- Adults (Ages 18 +)** 6:30 PM - 7:30 PM
Mon/Wed/Fri - July 22 - August 2



Tennis Camps

\$150/Residents \$185/Non Residents

- Tennis Camp 1** Ages 8 -16
June 24- June 28
M-TH 9:00 AM - 2:00 PM
Fri 9:00am-3:00pm
- Tennis Camp 2** Ages 8 -16
July 15 - July 19
M-TH 9:00 AM - 2:00 PM
Fri 9:00am-3:00pm
- Tennis Camp 3** Ages 8 -16
August 5 - August 9
M-TH 9:00 AM - 2:00 PM
Fri 9:00am-3:00pm