



City of Nashua,
Division of Public Works
Mayor Jim Donchess

2019 CARAMBA SOCCER CAMP

BOYS AND GIRLS

MINE FALLS SOCCER
FIELDS

JULY 8- JULY 12

&

AUGUST 12- AUGUST 16

FOR AGES 4 - 18



****Online registrations are now available****

Please visit <http://nashua.recdesk.com> to pay online with credit card for all camps and programs.

WHERE TO OBTAIN PARKS & REC. INFORMATION



Nashua Park and Recreation

Information about Parks & Recreation events and clinics being held throughout the summer will be available at the following locations:

- Jeannotte's Market
- Bright Spot
- City Clerk's Office
- Nashua Public Library
- Public Schools
- Private Schools
- The Parks & Recreation Department

The Parks and Recreation Department can also be reached via the City of Nashua's website at www.gonashua.com.

Questions or concerns can be directed to:

Kellie DeSimone, Program Manager

Desimonek@nashuanh.gov

Or

Jeff DiSalvo, Program Coordinator

DiSalvoJ@nashuanh.gov

Nondiscrimination Policy

The City of Nashua does not discriminate against any individual or group with respect to religion, color, national origin, sex, or handicap for the use of its parks and recreation facilities or any other programs.

2019 NASHUA SUMMER SOCCER CAMP REGISTRATION FORM

Child's Name _____ D.O.B. _____ Age _____ (At Camp Date)

Address _____ Home # _____ Emergency # _____

Medical Problems _____ Email Address _____

Tuition not refundable after one week prior to start of camp Cost for Camp: \$165 Full Camp \$115 Half Camp \$60 Tot

(must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com.

I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian _____ / _____ Date: _____
(Sign Here) (Print Here)

Mail Check and Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064-1729.

Make Checks Payable to: City of Nashua

DIRECTOR/COACH

JORGE PARDO

- Head Soccer Coach at St. Paul's School
- 2005 CONCACAF Stadium Announcer
- Former Director of Coaching for the NHSA Competitive/Amateur
- USSF "B" License
- USSF "National Youth" License
- NSCAA "Advanced National" Diploma
- NSCAA "Goalkeeping" Certificate
- 1982 member of U-17 Youth National Team in Columbia
- 1995 member of the Boston Storm, Professional Soccer Team
- 1999 NHIAA and NHSA Girls Coach of the Year

CARAMBA SKILLS

Our emphasis is on "THEME" training sessions that will be introduced to the players each day. Topics such as Defending, Attacking, Possession, Positional play, and Re-starts will be the focus of each day in addition to conditioning and skill development. Goalkeeping will be done every day as part of the program. Our philosophy is to promote many touches on the ball through the use of games. Many of our coaches are educators as well as players, and understand the physical and psychological development of the participants we work with. Caramba camps having been working with the City for over 19 years. They have provided a safe and fun learning environment for the game of Soccer. Not only learning about the game of soccer but teaching about team play, which is an important part of being part of a team.

PROGRAM CONTENT

- Goalkeeping
- Speed Training/plyometric
 - Multi-touch training
 - Dribbling skills
- First touch & receiving
 - Finishing
- 1v1 & 2v2 attacking & defending
 - 4v4 soccer arenas
 - Game situations

Daily Activities

- A warm-up session will be completed before activities begin, and a cool down session will be performed at the end of each day to avoid unnecessary injuries
- Goalkeeper training will be provided on a daily basis
- Six training stations include coervers, passing, dribbling, receiving, shooting and fitness



WHAT TO BRING

- Athletic Clothing
- Soccer Cleats
- Soccer Skin Guards
 - Water
 - Snack
 - Sunblock
 - Bug Spray

PLEASE CHECK CAMP

- Tot Soccer Camp \$60
Boys & Girls Ages 4 –5
July 8- 12 9:30am to 10:30pm
Mine Falls Soccer Fields
- Half Day Camp \$115
Boys & Girls Ages 6 & 14
July 8- 12 9:00am to 12:00pm
Mine Falls Soccer Fields
- Full Day Camp \$165
Boys & Girls Ages 14 & 18
July 8- 12 9:00am to 3:00pm
Mine Falls Soccer Fields
- Half Day Camp \$115
Boys & Girls Ages 6 & 14
Aug 12– Aug 15 9:00am to 12:00pm
Mine Falls Soccer Fields
- High School \$115
Boys & Girls Ages 14 & 18
Aug 12– Aug 15 9:00am to 12:00pm
Mine Falls Soccer Fields
- Full Day Camp \$165
Boys & Girls Ages 7 & 14
Aug 12– Aug 15 9:00am to 3:00pm
Mine Falls Soccer Fields

MORE INFORMATION

For more information about the camp please visit the Caramba Skills Camp website at
Soccerskillscamp.org
Email

carambasocccercamps@gmail.com