City of Nashua

HELP BOOK

2015

Visit the City of Nashua's website at:
www.NashuaNH.gov

Office of the Mayor
229 Main Street
Nashua, NH 03060
603-589-3260
NashuaMayor@NashuaNH.gov

Acknowledgement
A special thank you is extended to Southern NH Services, Inc. for providing the City of Nashua with the initial Help Book as a starting basis for this new and updated 2015 version.

THE HELP BOOK
2015
Table of Contents

Introduction 1

Index, Alphabetical Listing ..... 3 – 4

Index, By Subject ..... 5 – 7

City of Nashua Departments ..... 8 – 12

Emergency 13

Toll-Free Numbers ..... 14 – 16

Schools ..... 17 – 18

Colleges & Universities 18

Information & Referral Programs 19

Agencies, Listed Alphabetically ..... 20 – 54

Libraries ..... 35 – 36

Welfare Offices 55

Legal Services 56

Food Pantries ..... 57 – 58

Contacts 59

Notes 60

Agencies & Programs...

Aaron Cutler Memorial Library (Litchfield)…35
Adult Learning Center …20
Adult Protection (BEAS) …16
Al-Anon / Alateen NH …21
Alcohol & Tobacco and Other Drug Services,
NH Div. of …14 – 16, 20 –21
Alcoholics Anonymous …14, 20
American Cancer Society …21
American Diabetes Association …21
American Heart Association …22
American Red Cross …22
Amherst Town Library (Amherst) …35
Animal Rescue League …22
ATECH Services …23
ASSETT …23
Refurbished Equipment Marketplace…23

Big Brothers Big Sisters of New Hampshire …23
Birthright International …23
Boy Scouts of America …24
Boys & Girls Club of Greater Nashua …24
Brain Injury Association of NH …24
Breathe NH …25
Bridges ...25
Brookline Town Library (Brookline) …35

Camp Allen …25
(The) CareGivers, Inc …26
CareNet Pregnancy Center …26
Child & Adolescent Program … 31
Child & Family Services of NH …26
Children, Youth & Families, Div. of (DCYF)
DHHS …16
(The) Cinderella Project of NH …27
Corpus Christi Food Pantry ...57
Court Appointed Special Advocates (CASA) ...14, 27
Crotched Mountain Specialty Hospital ...27

Daland Memorial Library (MontVernon) ...35
Dartmouth Hitchcock Nashua …28
Disabilities Rights Center ...28
Donated Dental Services ...28

Easter Seals NH ...28
Elderhostel – Road Scholar ...28
Family Resource Center of Greater Nashua @ Boys & Girls Club of Greater Nashua …29

Family Promise of Greater Nashua @
Anne-Marie House (AMH)...29
Fire Departments ...13

Gateways Community Services … 29
Girl Scouts of Green & White Mountains ...29
Girls, Inc. of NH ...30
Good News Garage ...30
Granite State Children's Alliance …27
Granite State Independent Living ...30
Greater Nashua Dental Connection ...30
Greater Nashua Habitat for Humanity ...31
Greater Nashua Mental Health Center … 31
GreenPath Debt Solutions …32
Grey Nuns Thrift Shop ...32

Harbor Homes ...32
Harry Gregg Foundation ...27
Health & Human Services
State of NH Dept. of ...15 - 16
Healthy at Home ...32
H.E.A.R.T.S. Peer Support Center …33
High Hopes Foundation of NH ...33
Hollis Social Library (Hollis) ...35
Home Health and Hospice Care ...33
Humane Society of Greater Nashua ...33

International Institute of NH ...34

J.A. Tarbell Library (Lyndeborough) ...35
Joseph's Closet at St Joseph Hospital …34 & 49
Keystone Hall ...34

Lamprey Health Care – Nashua …34
Legal Advice and Referral Center ...14, 34
Litchfield Community Presbyterian Church
Deacon's Pantry ...57

Main Street United Methodist Church
Food Pantry ...57
Make A Wish Foundation of NH …37
Marguerite's Place ...37
Mary's House SNHS ...37, 51
Merrimack Public Library ...35
Milford Regional Counseling Services, Inc. ...37
More Than Wheels …38
Muscular Dystrophy Association …38

Return to Table of Contents

Narcotics Anonymous, Granite State …14, 21
Nashua Area Child Care Resource and Referral, DHHS …38
Nashua Center ...38
Nashua Children's Home ...39
Nashua Christian Bible Church Food Pantry …57
Nashua Housing Authority ...39
Nashua Police Athletic League (PAL) …40
Nashua Public Library ...35
Nashua Senior Activity Center ...41
Nashua Soup Kitchen & Shelter ...41 & 57
Nashua Transit System ...41
National Alliance on Mental Illness (NAMI) …42
National Association of the: Deaf …42

NH 211 …19
NH Association for the Blind …42
NH Bar Association ...43, 56
NH Catholic Charities ...43
NH Community Loan Fund …43
NH Courts ...56
NH Employment Security …45
NH Foundation for Healthy Communities …44
Medication Bridge …44
NH Health Access Network ...44
NH Healthy Kids (DHHS) …15
NH Housing Finance Authority ...15, 44
NH Legal Assistance …15, 44, 56
NH Works, NH Employment Security …45

Parent Information Center …45
Pastoral Counseling Services …45
Pelham Good Neighbor Fund ...57
Pelham Library ...35
Phoenix Programs ...46
Planned Parenthood of Northern NE …46
(The) PLUS Company ...46
Police …13, 15
Public Defender's Office ...56

Retired Senior Volunteer Program (RSVP) ...46
Riverside Christian Church Food Pantry ...57
Rodgers Memorial Library (Hudson) …35

Sacred Heart Church Open Cupboard Pantry ...58
(The) Salvation Army …47
(The) Salvation Army Thrift Shop …47
(The) Salvation Army Food Pantry …58
Senior Companion Program ...47
Senior Legal Advice Line …14, 56
Serve New England ...47
ServiceLink of Hillsborough County ...47

SHARE Outreach. …58
Social Security Administration ...48
Souhegan Valley Boys & Girls Club …24, 48
Souhegan Valley Resources ...48
Southern NH HIV/AIDS Task Force ...48
Southern NH Medical Center ...49
Southern New Hampshire Services, Inc. …50 – 51
Special Olympics of NH ...52
St. James United Methodist Church Food Pantry ...58
St. John Neumann Church Food Pantry …58
St. John XXIII Parish Food Pantry ...58
St. Joseph Community Services, Inc. ...52
St. Joseph Hospital …49
St. Joseph Home and Hospice Care ...49

(The) Front Door Agency ...39
(The) Youth Council ...52
Tirrell House ... 52
Tolles Street Mission ...58

UNH Cooperative Extension ...53
United Foundation International ...53
United Way of Greater Nashua ...53

Vocational Rehabilitation, NH ...54

Wadleigh Memorial Library (Milford) ...35
Welcoming Light ...54
Welfare Offices …55
Wilton Public and Gregg Free Library ...35

Young Adult Program - GNMHC … 31
YMCA. …54

Return to Table of Contents

Index, By Subject…

Adoption
Animal Rescue League ...22
Child & Family Services …26
Humane Society ...33
NH Catholic Charities …43

Assistance
Catastrophic Illness Program, DHHS ...15
(The) Cinderella Project of NH ...27
Corpus Christi Food Pantry & Assistance …57
Crotched Mountain Specialty Hospital ...27
Donated Dental Services ...28
Energy Assistance, SNHS ...51
Family Assistance, DHHS ...15
Food Pantries ...57 - 58
Food Stamps, DHHS ...15
Good News Garage ...30
Greater Nashua Dental Connection ...30
GreenPath Debt Solutions …32
Grey Nuns Thrift Shop ...32
Harry Gregg Foundation, CMF …27
High Hopes Foundation of NH 33
Joseph's Closet at St Joseph Hospital …34
Lamprey Health Care – Nashua …34
Lil' Iguana's Resale Store …36
Lucky Dog Thrift Shop …36
Make A Wish Foundation …37
Medicaid, DHHS ...15, 16
Medication Bridge, NHFHC …44
Nashua Soup Kitchen & Shelter …41 & 57
NH 211 …19
NH Health Access Network, NHFHC …44
NH Healthy Kids, DHHS ...15
NH Housing Finance Authority …15, 44
Pelham Good Neighbor Fund ...57
(The) Salvation Army ...47
(The) Salvation Army - Thrift Shop ...47
(The) Salvation Army Food Pantry …58
SHARE Outreach ...58
St. John Neumann Food Pantry ...58
Temporary Aid to Needy Families (TANF), DHHS ...15
The Front Door …39
Welfare Offices ...55

Childcare
Adult Learning Center ...20
Boys & Girls Club ...24
Child Care Licensing, DHHS ... 15
Child Development, SNHS 50
Girls, Inc. ...30
Nashua Area Child Care Resource & Referral, DHHS ...38
YMCA ...54

Counseling
Bridges ...25
CareNet Pregnancy Center ...26
Child & Family Services ...26
Greater Nashua Mental Health Center …31
HICEAS, Southern NH Services 51
Keystone Hall ...34
Milford Regional Counseling Services …37
More Than Wheels …38
NH Association for the Blind ...42
NH Catholic Charities …43
Pastoral Counseling Services …45
Southern NH HIV/AIDS Taskforce ...48
(The) Youth Council ...52

Disabilities
ASSETT, ATECH Services ...23
Camp Allen ...25
Crotched Mountain Specialty Hospital ...27
Disabilities Rights Center ...28
Donated Dental Services ...28
Easter Seals NH ... 28
Gateways Community Services ...29
Granite State Independent Living ...30
Greater Nashua Mental Health Center …31
Harbor Homes ...32
Nashua Center …38
National Alliance on Mental Illness (NAMI) …42
National Association of the Deaf …42
NH Association for the Blind ... 42
(The) PLUS Company ... 46
Refurbished Equipment Marketplace, A TECH Services ... 23
ServiceLink of Hillsborough County ...47
Social Security Administration ...48
Souhegan Valley Resources ...48
Special Olympics of NH ...52
Vocational Rehabilitation, NH ...54

Return to Table of Contents

Economic & Workforce Development

Adult Learning Center …20
Easter Seals NH …28
Nashua Soup Kitchen & Shelter …41 & 57
NH Catholic Charities …43
NH Works/ NH Employment Security …45
(The) PLUS Company …46
Souhegan Valley Resources …48
Southern NH Services, Inc …50 – 52
Vocational Rehabilitation, NH …54

Education

Adult Learning Center …20
Colleges & Universities …18
Elderhostel – Road Scholar …28
Nashua Children's Home …39
SAU#42 Nashua School District …17
Southern NH Medical Center …49
Southern NH Services, Inc. …50 – 52
St. Joseph Hospital …49
UNH Cooperative Extension …53

Emergencies & Crisis Intervention

Adult Protection, BEAS …16
ACCESS, Southern NH Medical Center …13 & 49
American Red Cross …22
Child Abuse Report Line …14 & 26
Crisis Line, Bridges …25
Dartmouth Hitchcock Nashua …28
Family Promise of Greater Nashua @ Anne-Marie House (AMH)…29
Fire …13
Emergency Services …13
Granite State Children's Alliance …27
Homeless Hotline …13, 14
Homeless Outreach, SNHS …50, 51
Keystone Hall …34
Milford Regional Counceling …37
Poison Center …13
Police …13, 15
St. Joseph Hospital …49
Southern NH Medical Center …49
State Police –NH… 13, 15
Suicide Hotline …13

Family Planning

Birthright International …23
CareNet Pregnancy Center …26
Planned Parenthood …46
Southern NH Medical Center …49
St. Joseph Hospital …49

Health, Food & Nutrition

American Cancer Society …21
American Heart Association …22
Brain Injury Association of NH …24
Breathe NH …25
CareNet Pregnancy Center …26
Commodity Supplemental Foods Program (CSFP), SNHS …50 & 51
Community Health, City of Nashua …10
Community Meal Sites, St. Joseph Community Services …52
Dartmouth Hitchcock Nashua …28
Donated Dental Services …28
Food Pantries …57 – 58
Food Stamps, DHHS …15 & 34
Greater Nashua Dental Connection …30
Home, Health & Hospice Care …33
Lamprey Health Care – Nashua …34
Meals on Wheels, St. Joseph Community Services …52
Medicaid, DHHS …15, 16
Medication Bridge, NHFHC …44
Muscular Dystrophy .Association …38
Nashua Area Child Care Resource & Referral Service, DHHS …38
Nashua Soup Kitchen & Shelter …41 & 57
NH Foundation for Healthy Communities …44
NH Health Access Network, NHFHC …44
NH Healthy Kids (DHHS) …15
Southern NH HIV/AIDS Taskforce …48
Southern NH Medical Center …49
Southern NH Rescue Mission Food Pantry …58
St. Joseph Hospital …49
St. Joseph Home & Hospice Care …49
Women, Infants & Children (WIC), SNHS …51

Return to Table of Contents

Housing & Homeless Programs
Elderly Housing, SNHS …51
Family Promise of Greater Nashua @
Anne-Marie House (AMH)…29
Greater Nashua Habitat for Humanity …31
Harbor Homes …32
Homeless Outreach, SNHS …50, 51
Keystone Hall …34
Marguerite's Place …37
Mary's House, SNHS …37, 51
Nashua Children's Home …39
Nashua Housing Authority …43
Nashua Soup Kitchen & Shelter …41 & 57

NH Community Loan Fund …43
NH Housing Finance Authority …15, 44
Southern NH HIV/AIDS Taskforce …48
Supportive Housing, SNHS …51
The Front Door …39
Welcoming Light …54

Legal Services
American Civil Liberties Union (ACLU) …56
Court Appointed Special Advocates
(CASA) …14, 27
Disabilities Rights Center …28
Hillsborough County Court …56
Hillsborough County Sheriff …56
Hillsborough County, NH Registry of
Deeds …56
International Institute …34
LawLine …56
Legal Advice & Referral Center …14, 34
NH Circuit Court – Nashua District …56
NH Bar Association …43, 56
NH Legal Assistance …15, 44, 56
Pro-Bono …56

Mental Health
Child & Adolescent Program … 31
Greater Nashua Mental Health Center …31
Young Adult Program GNMHC …31
(The) Youth Council …52

Recreation
Boys & Girls Club …24
Boys Scouts of America …24
Camp Allen …25
Girl Scouts of Green & White Mountains …14, 29
Girls, Inc. …30
Libraries …35, 36
Nashua Police Athletic League (PAL) …40
Nashua Senior Activity Center …41
Parks & Recreation, City of Nashua …12
Souhegan Valley Boys & Girls Club …24, 48
YMCA. …54

Substance Abuse Services
Al-Anon / Alateen …20 – 21
Alcohol, Tobacco & Other Drug
Services, DHHS …14 – 15, 20 – 21
Alcoholics Anonymous …14, 20
Keystone Hall …34
Narcotics Anonymous …14, 21
Phoenix Academy …46
Phoenix House, Keene Center …46
The Youth Council …52
Tirrell House …52

Supportive Services
American Red Cross …22
Big Brothers Big Sisters of New Hampshire …23
Boys & Girls Club …24
CareNet Pregnancy Center …26
Child & Family Services …26
Children, Youth & Families,
(DCYF) …16
Court Appointed Special Advocates …27
Family Promise of Greater Nashua @
Anne-Marie House (AMH) …29
Gateways Community Services …29
Girls, Inc. …30
Greater Nashua Mental Health Center …31
H.E.A.R.T.S. Peer Support Center …33
Nashua Children's Home …39
Nashua Police Athletic League (PAL) …40
NH Catholic Charities …14, 43
Parent Information Center …14, 45

Transportation
(The) Caregivers, Inc …26
Nashua Transit System …41
Paratransit …41
Senior Companion Program …47

Volunteer Services
Big Brothers Big Sisters of New Hampshire …23
Greater Nashua Habitat for Humanity …31
Retired Senior Volunteer Program ...46
Senior Companion Program …47
Serve New England …47
United Way of Greater Nashua …53

Return to Table of Contents

City of Nashua Departments

City Hall Information Line Recording – 603.589.3000

Assessing Department – 603.589.3040
The Assessing Department conducts various assessing practices to ensure an equitable and accountable real estate based assessment program. Therefore, the department is able to provide the citizens of Nashua with fair administration of programs governing property assessment, municipal efficiency and prompt response to public inquiries.

City Clerk's Office- 603.589.3010
The City Clerk's Office is responsible for the recording and management of all vital records involving births, marriages, and deaths occurring within the City. The office also conducts all local, state and national elections; issues many types of licenses including dog licenses, hawkers and peddlers licenses, raffle permits, and entertainment licenses; and maintains many of the City's most important records. Internally, the Office of the City Clerk views itself as an information source and communication conduit between the general public and City Government.

Cemeteries There are 6 non-sectarian cemeteries owned by the City of Nashua, NH.

Edgewood Cemetery & Suburban Cemeteries – Evergreen, Hillside, Gilson & Old South
107 Amherst Street
Nashua, NH 03060
603.594.3327

Woodlawn Cemetery & Pinewood Cemetery
101 Kinsley Street
Nashua, NH 03060
603.594.3354

Return to Table of Contents

Community Development Division
229 Main Street
Nashua, NH 03061-2019
603.589.3095

The Community Development Division is comprised of the following departments: Building Safety, Code Enforcement, Planning, Urban Programs, and Transportation.

Building Safety – 603.589.3080
The Department of Building Safety accepts permit applications for review and approval of construction documents including building, electrical, mechanical, and plumbing plans. The Department is responsible for conducting inspections on permitted work.

Code Enforcement – 603.589.3100
The mission is to assure compliance with city housing and zoning ordinances in order to protect the environment and the health and safety of the community, maintain property values and maintain an esthetically pleasing environment.

Planning Department – 603.589.3090
The mission is to provide the regulatory framework and leadership to guide the city in the process and maintenance of its vision and support of its respective boards and commissions by creating a structure for updating existing plans, developing new plans, and promoting those plans so they are broadly used as the basis for all future decision making; recommending land use regulations that will bring the city toward its vision; aggressively pursuing opportunities consistent with the vision through outreach to the community; leading the city to a higher level of understanding and commitment to the City's potential.

Urban Programs – 603.589.3085
Urban Programs mission is to help identify the community's needs to improve the quality of life for lower-income families and individuals; collaborate with community groups, faith-based organizations, developers and investors; competently obtain and administer federal, state, local and private resources to address community needs; evaluate program outcomes, impact to the community and effectiveness of the grants; and to promote fair and equal housing.

Transportation Department – 603.801.0100
The mission is to manage, coordinate, promote and develop transportation and parking resources within the community; and provide safe, convenient, efficient and courteous transportation services.

Return to Table of Contents

Division of Public Health and Community Services
18 Mulberry Street
Nashua, NH 03060-3897
603.589.4560

The mission of the Division of Public Health and Community Services is to promote, protect and preserve the health and well-being of the Greater Nashua Region through leadership and community collaboration. Please visit the Division's web page on the City of Nashua web site or follow us on Facebook at Nashua Division of Public Health & Community Services and Twitter at @NashuaPHealth.

Community Services – 603.589.4560
The Community Services department coordinates all Health Education materials, presentations and health events; conducts health data collection and analysis; oversees health planning initiatives, substance misuse and public health emergency planning and response for the Greater Nashua Region.

Community Health – 603.589.4500
Provides Free and Low-Cost services including:
Clinics for Child and Adult Immunizations (including flu vaccinations); STD/HIV/HCV clinics; Blood Pressure Screenings; Tuberculosis testing; and Communicable Disease Investigations.

Environmental Health – 603.589.4530
Conducts all licensing/permitting and inspections of food service establishments in Nashua; inspections and permits of public pools and spas; responds to community nuisance complaints and concerns regarding living hazards; oversees the mosquito control and rabies programs.

Welfare – 603.589.4555
The City of Nashua Welfare office provides short-term emergency financial assistance to income-eligible residents of Nashua. Assistance may be provided for food, housing, utilities and prescription medications. (City Welfare does not provide food stamps, Medicaid or ongoing financial support, which are services provided by the NH Department of Health and Human Services (DHHS). The DHHS Nashua District Office can be reached at 603.883.7726 or at www.dhhs.state.nh.us/DHHS/DFA

Return to Table of Contents

Mayor's Office
229 Main Street
Nashua, NH 03061-2019
603.589.3260

Citizen Services 603.589.3260

Emergency Management 603.589.3260
The Office of Emergency Management is responsible for coordinating citywide emergency response, providing citizen preparedness training, assisting businesses and organizations with their emergency plans, and maintaining the City's emergency notification systems.

Motor Vehicle Registration
229 Main Street
Nashua, NH 03060
603.589.3200

Motor vehicle plates, tags, and parking permit forms available.

Public Works Division
9 Riverside Street
Nashua, NH 03062
603.589.3140

The Division of Public Works' services range from cleaning, repairing, and maintaining city streets and sewers, to building and maintaining plazas, stairways, and other public areas. It coordinates street excavation work, removes graffiti and illegal signs; and regulates street and sidewalk use while enhancing and protecting the public right-of-way. The Public Works Division is responsible for the Administration Department and Engineering Department, Parks and Recreation Department, the Solid Waste Department, the Street Department, and the Wastewater Treatment Facility.

Administration/Engineering Department
9 Riverside Street
Nashua, NH 03062
603.589.3140

Administration is co-located with the Engineering Department at 9 Riverside Street and supports the implementation of Nashua's Public Works' vision by ensuring each department is performing its required functions within its allocated budget. The Engineering Department provides the City of Nashua with professional engineering and technical services required to plan, coordinate, develop, design, construct, operate and maintain City facilities and infrastructure.

Return to Table of Contents

Parks and Recreation Department
Greeley Park
100 Concord St
Nashua, NH 03064
603.589.3370

The Parks and Recreation Department is dedicated to the advancement of the City Parks and Recreation programs in an effort to enhance the quality of life for all residents. The department strives to provide a variety of quality, self-supporting recreational and leisure programs for all ages of people in the City of Nashua.

Solid Waste Department
Four Hills Landfill
840 West Hollis Street
Nashua NH 03061
603.589.3410

The Division of Public Works, Solid Waste Department provides safe and efficient services for residents and businesses of Nashua in the areas of recycling, solid waste, and hazardous waste, through:

- Collection of most residential trash, recycling, seasonal soft yard wastes, and special collections.
- Operation of the Four Hills Landfill/ Nashua Recycling Center.
- Drop-off events at the household hazardous waste/ small quantity generator waste collection center.

Street Department
9 Stadium Drive
Nashua, NH 03062
603.589.4750

The Street Department is dedicated to the improvement and maintenance of the City Streets. It also works to keep Nashua's streets safer by repairing potholes, snow removal and ice control during inclement winter weather and sweeping streets in the warmer seasons. The Street Department also oversees Traffic Operations such as the safe and efficient movement of vehicles, bicycles and pedestrians along the public right-of-ways in the City of Nashua.

Wastewater Treatment Facility
2 Sawmill Road
Nashua, NH. 03060
603.589.3560

The Division of Public Works Wastewater Treatment Facility (NWTF) is dedicated to the treatment of wastewater that flows into our facility from Nashua and Hudson and delivering a clean, clear effluent into the Merrimack River.

Return to Table of Contents

Emergency Services
Life Threatening Conditions

POLICE - FIRE - AMBULANCE 911

Nashua Fire Department
Fire Marshal's Office
177 Lake Street
Nashua, NH 03060
Emergency 911
Non-Emergency 603.594.3651

Nashua Fire Rescue
70 East Hollis Street
Nashua, NH 03060
603.594.3654

Nashua Police Department
0 Panther Drive
P.O. Box785
Nashua, NH 03062
Emergency 911
Non-Emergency 603.594.3500

ACCESS Team at SNHMC	603.577.2728
National Suicide Prevention Lifeline	800.273.8255
Homelessness Crisis Hotline	800.852.3388
Crisis line at Greater Nashua Mental Health Center	800.762.8191
Poison Center National	800.222.1222
NH State Police	800.852.3411

Return to Table of Contents

Toll-Free Numbers

AARP	866.542.8168
Al-anon/AlateenNH	877.825.2666
Alcohol, Tobacco & Other Drug Services (NH Access to Recovery)	800.804.0909
Alcoholics Anonymous	800.593.3330
American Cancer Society/Cancer Information Line	800.227.2345
American Diabetes Association, New England	800.DIABETES
American Heart Association	800.242.8721
Arthritis Foundation – No New England Chapter/NH Region	800.639.2113
Asthma Information Line	800.822.2762
Birthright International	800.550.4900
Boy Scouts of America, Daniel Webster Council, Inc.	800.221.0009
Brain Injury Association of New Hampshire	800.773.8400
Breathe New Hampshire	800.835.8647
Cancer Information Service	800.4.CANCER
Catholic Charities New Hampshire	800.562.5249
Child Abuse/Neglect (NH) *after hours	800.685.8772
Child Abuse/Neglect (NH) *during business hours	800.894.5533
Child Abuse, National Hotline	800.422.4453
Child Care Resource & Referral (Southern NH Services)	855.393.1731
Child & Family Services Parent Line	800.640.6486
Child Find of America	800.426.5678
Cocaine Anonymous	781.551.6677
Consumer Product Safety Commission	800.638.2772
Court Appointed Special Advocates of NH (CASA)	800.626.0622
Cystic Fibrosis Foundation – Northern NE Chapter	800.757.0203
Disabilities Rights Center	800.834.1721
EPA Information Center	800.424.9346
Epilepsy Foundation	800.332.1000
Families Anonymous	800.736.9805
Food Stamps	800.852.3345
Girl Scouts of Green & White Mountains	888.474.9686
Governor's Commission on Disability	800.852.3405
Governor's Office of Citizen's Services	800.852.3456
Granite State Independent Living	800.826.3700
GreenPath Debt Solutions	800.550.1961
HIV/AIDS Hotline NH	800.752.2437
Homelessness Crisis Line	800.852.3388
IRS Tax Help Line for Individuals	800.829.1040
Juvenile Diabetes Foundation – Northern New England	866.268.0832
Legal Advice & Referral Center (LARC)	800.639.5290
Medicare Hotline	800.633.4227
Narcotics Anonymous	888.624.3578
National Alliance on Mental Illness (NAMI NH)	800.242.6264
National Institute of Mental Health	800.421.4211
National Runaway Switchboard	800.RUNAWAY
NH Tobacco Prevention & Control Program	800.TRYTOSTOP
Parent Information Center	800.947.7005
Pesticide Information Line	800.858.7378
Poison Control Center National	800.222.1222
Prevent Child Abuse NH (NH Children's Trust)	800.CHILDREN
Public Utilities Commission	800.852.3793
'Report Every Drunk Driver Immediately' State Police	800.622.2394

Return to Table of Contents

ServiceLink Resource Center of Hillsborough County	866.634.9412
Social Security Information	800.772.1213
Southern New Hampshire Services, Inc., Manchester	800.322.1073
Southern New Hampshire Services, Inc., Nashua	877.211.0723
State Office of Veterans Services	800.622.9230
The Samaritans, Inc.	866.457.2910
U.S. Citizenship and Immigration Services	800.375.5283
U.S. Department of Energy	877.337.3463
UNH - Cooperative Extension, Family Home & Garden Info Center	877.398.4769
Veterans Affairs (U.S Department of)	800.827.1000
Visiting Nurse Association (Home Health & Hospice)	800.887.5973
Volunteer NH - State of New Hampshire Office of Volunteerism	800.780.8058
Wage and Hour Information, US Dept. of Labor	866.487.9243

NH State of

NH Association for the Blind	800.464.3075
NH Community College System	800.247.3420
NH Higher Education Assistance Foundation	800.525.2577
NH Housing Finance Authority	800.439.7247
NH Legal Assistance	800.562.3174
NH ParentLine - Child & Family Services	800.640.6486
NH Ride Share	800.462.8707
NH Special Olympics	800.639.2608
NH State Police	800.852.3411
NH State Library / Talking Book Library	800.491.4200

NH Department of Health & Human Services - Southern District Office

3 Pine Street Extension, Suite Q
Nashua, NH 03060
603.883.7726
800.852.0632

NH Department of Health & Human Services

129 Pleasant Street
Concord, NH 03301
800.852.3345

Division of Family Assistance

129 Pleasant Street
Concord, NH 03301
603.271.9700
800.852.3345, ext. 9700

- **Food & Nutrition Programs:** Food Stamp Program
- **Medical Coverage:** Medicaid, Medicare Savings Program, Children's Medicaid, New Hampshire Health Protection Program
- **State Supplemental Programs:** Old Age Assistance, Aid to the Permanently and Totally Disabled, Aid to the Needy Blind
- **Financial Assistance to Needy Families:** NH Employment Program and Family Assistance Program, Families With Older Children and Interim Disabled Parents programs, Child Care Assistance, Emergency Assistance, Employment and Training Programs and Support Services

Return to Table of Contents

Division of Community Based Services

129 Pleasant Street
Concord, NH 03301
603.271.9410
800.852.3345, ext. 9410

- **Behavioral Health**
- **Developmental Disabilities and Acquired Brain Disorders**
- **Drug & Alcohol Services**
- **Elderly & Adult Services**
- **Adult Protection (BEAS)**
- **Homeless & Housing Services**
- **New Hampshire Hospital**

Division of Children, Youth & Families

97 Pleasant Street
Concord, NH 03301
603.271.4451
800.852.3345

- **Child Protection**
- **Juvenile Justice**
- **Permanency**
- **Adolescents**
- **Foster Care**
- **Foster Care Health Program (FCHP)**
- **Adoption**
- **Child Development Bureau**
- **Head Start State Collaborative Office**

Department Name	Phone	800 NUMBER
Behavioral Health	603.271.5000	800.852.3345, ext. 5000
Bureau of Elderly & Adult Services (BEAS)	603.271.7014	800.949.0470
Child Care Licensing Bureau	603.271.9025	800.852.3345, ext. 9025
Child Development Bureau	603.271.4242	800.852.3345, ext. 4242
Chronic Disease Prevention & Control	603.271.4931	800.852.3345, ext. 4931
Developmental Services	603.271.5034	800.852.3345, ext. 5034
Drug & Alcohol Services	603.271.6738	800.804.0909
Food Stamp Program, DHHS	603.271.9700	800.852.3345
Family & Emergency Assistance	603.271.9700	800.852.3345, ext. 9700
Foster Care and Adoption Services	603.271.4711	800.852.3345, ext. 4711
Homeless & Housing Services	603.271.9196	800.852.3345, ext. 9196
Juvenile Justice Services	603.625.5471	800.735.2964
Long Term Care Ombudsman	603.271.4375	800.442.5640
Maternal & Child Health	603.271.4517	800.352.3345, ext. 4517
Medicaid Client Services	603.271.4344	800.852.3345, ext. 4344
Minority Health & Refugee Affairs	603.271.3986	800.735.2964
Ombudsman	603.271.6941	800.852.3345, ext. 6941
Sexually Transmitted Disease & HIV Prevention	603.271.4502	800.852.3345, ext. 4502
Temporary Assistance for Needy Families	603.271.9700	800.852.3345, ext. 9700
Tobacco Prevention & Control	603.271.6891	800.852.3345, ext. 6891
Women, Infants & Children's Nutrition Program	603.271.4546	800.942.4321

Return to Table of Contents

Schools

Nashua School District
SAU# 42 Nashua School District
141 Ledge Street
Nashua, NH 03060
603.966.1000

Public Elementary Schools

Amherst Street
71 Amherst Street
Nashua, NH 03064
603.594.4385

Bicentennial (Preschool)
296 East Dunstable Road
Nashua, NH 03062
603.594.4382

Birch Hill
17 Birch Hill
Nashua, NH 03063
603.594.4340

Broad Street (Special Needs, Preschool)
390 Broad Street
Nashua, NH 03063
603.594.4404

Charlotte Avenue
48 Charlotte Avenue
Nashua, NH 03064
603.594.4334

Dr. Norman W. Crisp (Preschool)
50 Arlington Street
Nashua, NH 03060
603.594.4390

Fairgrounds
37 Blanchard Street.
Nashua, NH 03060
603.594.4318

Ledge Street
139 Ledge Street
Nashua, NH 03060
603.966.2280

Main Dunstable
20 Whitford Road
Nashua, NH 03062
603.594.4400

Mount Pleasant
10 Manchester Street
Nashua, NH 03064
603.594.4331

New Searles (Preschool)
39 Shady Lane
Nashua, NH 03062
603.594.4409

Sunset Heights
15 Osgood ·Road
Nashua, NH 03062
603.594.4387

Charter Schools

Academy for Science and Design
486 Amherst Street
Nashua, NH 03054
603.595.4705

Gate City Charter School for the Arts
7 Henry Clay Drive
Merrimack, NH 03054
603.943.5273

Public Middle Schools

Elm Street
117 Elm Street
Nashua, NH 03060
603.594.4322

Fairgrounds
27 Cleveland Street
Nashua, NH 03060
603.594.4393

Pennichuck
207 Manchester Street
Nashua, NH 03064
603.594.4308

Return to Table of Contents

Public High Schools

Nashua High School South
36 Riverside Drive
Nashua, NH 03062
603.589.4311

Nashua High School North
8 Titan Way
Nashua, NH 03063
603.589.6400

Nashua Private Schools

Bishop Guertin High School
194 Lund Road
Nashua, NH 03060
603.889.4107

Infant Jesus Elementary School
3 Crown Street
Nashua, NH 03060
603.889.2649

Nashua Catholic Regional Junior High School
6 Bartlett Street
Nashua, NH 03064
603.882.7011

Nashua Christian Academy
55 Franklin Street
Nashua, NH 03064
603.889.8892

St. Christopher Elementary School
20 Cushing Avenue
Nashua, NH 03064
603.882.7442

The Nature of Things / 2nd Nature Academy
10 Groton Road
Nashua, NH 03062
603.881.4815

World Academy
138 Spit Brook Rd.
Nashua, NH 03062
603.888.1982

Colleges & Universities

Daniel Webster College
20 University Drive
Nashua, NH 03063
603.577.6000

Granite State College: Nashua Academic Campus
505 Amherst Street
Nashua, NH 03063
855.472.4255

Nashua Community College
505 Amherst Street
Nashua, NH 03063
603.882.6923

Rivier University
420 South Main Street
Nashua, NH 03060
603.888.1311

Southern NH University
546 Amherst Street
Nashua, NH 03063
603.881.8393

Thomas More College of Liberal Arts
6 Manchester Street
Merrimack, NH 03054
603.880.8308

University of New Hampshire at Manchester
400 Commercial Street
Manchester, NH
603.641.4101

Return to Table of Contents

New Hampshire 2-1-1™

Get Connected. Get Answers.

United Ways of New Hampshire-Lead State Partner

Your link to resources.

Available 24 hours a day, seven days a week.

2-1-1 New Hampshire is an easy to remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community.

2-1-1 is the number to dial when you need help and don't know where to call.

2-1-1 is an initiative led by Granite United Way (UWNH), an organization that represents the 7 United Ways across the state, in partnership with Eversource, and the State of New Hampshire.

Child Care Resource & Referral, Clothing & Thrift Shops, Consumer Services, Crisis Services, Discrimination Assistance, Domestic & Sexual Violence Services, Education, Employment Services, Food Pantries & Nutrition Programs, Health Care Services, Housing – Homeless Prevention, Shelter, Community Services & Organizations, Legal Assistance, Mental Health Care & Counseling, Parenting Programs, Senior Information & Assistance, Substance Abuse Services, Support Groups, Transportation, Utility Assistance, Youth and Family Services, Veterans Services, Volunteering, and more…

2-1-1 New Hampshire

Residents in New Hampshire can contact
2-1-1 NH toll-free by dialing **2-1-1** in state
or **1-866-444-4211** from out of state.

Return to Table of Contents

Alphabetical Listing of Agencies

Adult Learning Center
4 Lake Street
Nashua, NH 03060
603.882.9080

The Adult Learning Center excels as an educational agency designed to provide academic and skills training and services to enable adults and young adults to achieve more productive lives for themselves and their children.

Programs offered include childcare for infants co pre-kindergarten children, adult basic education and tutorial, English as a Second Language, the Even Start program, GED preparation and testing, parenting classes, a career resource center, Clearwater Alternative High School, case management for moving from welfare to work, computer education, ASL and conversational Spanish classes, before and after school programs, and school vacation programs.

Alcohol, Tobacco and Other Drug Services (Bureau of), DHHS - State of NH
105 Pleasant Street
Concord, NH 03301-3857
800.804.0909

NH Department of Health and Human Services -Alcohol, Tobacco and Other Drug Services is responsible for developing and supporting a system of substance abuse prevention and treatment services and programs throughout the state. ATOD also employs staff who provide street outreach and education to substance abusing individuals at high risk of Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS) infections.

*There are a number of 12-step recovery programs in NH including Alcoholics Anonymous, Al-Anon/Alateen, Nar-Anon, and Cocaine Anonymous.

***Alcoholics Anonymous**
130 Hooksett Road
Hooksett, NH 03106
800.593.3330

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Return to Table of Contents

***Al-Anon /Alateen New Hampshire**
P.O. Box 220
Concord, NH 03302
877.825.2666
NH Al-Anon Answering Service: 603.645.9518

The Al-Anon family groups are a fellowship of relatives and friends of alcoholics who share their experiences in order to help themselves and others by learning the facts about alcoholism through informal group discussions. Alateen provides help to members of alcoholic families between the ages of 12 to 20 years.

***Narcotics Anonymous, Granite State**
540 North Commercial Street
Manchester, NH 03101
603.645.4777
24 Hour Helpline Number, Toll Free 888-NA-HELP-U (888-624-3578)

Narcotics Anonymous is a program of recovery from the disease of addiction, the obsessive, compulsive behavior, not the disease of a specific drug.

American Cancer Society
Greater Nashua Unit
2 Commerce Drive, Suite 110
Bedford, NH 03110
603.472.8899

National Cancer Information Line
800.227.2345

The mission of the American Cancer Society is to eliminate cancer as a major health problem by preventing cancer, saving lives from cancer and diminishing suffering from cancer through research, education, service and advocacy.

American Diabetes Association
10 Speen Street, 2nd Floor
Framingham, MA 01701
617.482.4580
800.DIABETES

The mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by diabetes. Services available include: Dissemination of diabetes literature to the public for general information, support groups and educational programs for professionals, patients, and public.

Return to Table of Contents

American Heart Association
2 Wall Street
Manchester, NH 03101
603.669.5833
800.242.8721

The American Heart Association is a non-profit, national health agency dedicated to the reduction of disability and death from cardiovascular disease and stroke.

American Red Cross
Greater Nashua & Souhegan Valley Chapter
28 Concord Street
Nashua, NH 03064
603.889.6664
800.464.6692

The mission of The Red Cross is to improve the quality of human life; to enhance self-reliance and concern for others; and to help people avoid, prepare for, and cope with emergencies.

Animal Rescue League
545 State Route 101
Bedford, NH 03110
603.472.3647

The Animal Rescue League of New Hampshire is a non-profit organization with the mission to protect, rescue & adopt animals to the public.

Ascentria Care Alliance - Services for New Americans 261 Sheep Davis Road, Suite A-1
Concord, NH 03301
603.224.8111
800.244.8119

Provides services to facilitate the economic and social integration of refugees and immigrants into American society. In addition to basic resettlement services, Ascentria Care Alliance provides a variety of services to assist refugees and immigrants with their transition to their new homeland and culture including interpretation services for both refugees and immigrants through the Language Bank.

Return to Table of Contents

ATECH Services/Crotched Mountain
57 Regional Drive, Suite 7
Concord, NH 03301
603.226.2900
800.932.5837

NH-ATECH is a highly specialized clinical program that provides evaluation and consultation services in the area of assistive technology. Services include Assistive Technology Evaluation and Consultation Services, Information and Resources, Training and Technical Assistance.
NH-ATECH is the parent agency for ASSETT programs.

ASSETT
117 Pleasant Street
Concord, NH 03301
603.226.2900

ASSETT is a program designed to offer support to special education teams serving children who have sensory impairments which includes blind and low vision, deaf and hard of hearing and communication impairments.

The Refurbished Equipment Marketplace
57 Regional Drive, Suite 7
Concord, NH 03301
603.226.2900

The Refurbished Equipment Marketplace is an exciting and innovative program developed to recycle durable medical equipment - everything from canes and wheelchairs to hospital beds, van lifts and stair lifts.

Big Brothers Big Sisters of New Hampshire
33 Main Street, Suite 501
Nashua, NH 03064
603.883.4851

Big Brothers Big Sisters

Big Brothers Big Sisters serves children ages 6- 17, primarily from single parent families, by a professionally supported one-to-one mentoring relationship between a caring, committed volunteer and child who is in need of a positive role model and friend in his/her life. Serving Nashua and 13 towns in Southern NH.

Birthright International
37 Crystal Avenue, Unit 10
Derry, NH 03038
603.434.3000
800.550.4900 Hotline

Birthright International
We love them both...

Birthright International, a non-sectarian, non-political and non-profit organization provides confidential help, emotional support, free pregnancy tests, maternity and baby clothes, referrals to social agencies, counseling, job search/career development, adoption, pregnancy & childbirth, child care options, child safety issues, other related topics.

Return to Table of Contents

Boy Scouts of America, Daniel Webster Council
571 Holt Avenue
Manchester, NH 03109
603.625.6431
800.221.0009

The organizational purpose of the Boy Scouts of America is to provide youth programs, which develop character and citizenship along with physical and mental fitness.

Boys & Girls Club of Greater Nashua
47 Grand Avenue
Nashua, NH 03060
603.883.0523

Boys & Girls Club of Souhegan Valley 56 Mont Vernon Street
Milford, NH 03055
603.672.1002

The Boys & Girls Club is committed to developing the community's youth socially, educationally and vocationally through Sports, Fitness and Recreation, Character and Leadership Development, Education and Career Development, Health and Life Skills, the Arts and Special Programming. Applications for scholarships are available.

Brain Injury Association of NH
109 North State Street, Suite 2
Concord, NH 03301
603-225-8400
800.773.8400

The Brain Injury Association of New Hampshire (BIANH) is a private, non-profit, family and consumer run organization representing more than 5000 New Hampshire residents with acquired brain disorders and stroke. BIANH was founded in 1983 by NH parents seeking to bring home their brain injured children from out of state nursing homes. BIANH offers numerous services and programs, including those for youth with TBI, as well as veterans.

Return to Table of Contents

Breathe New Hampshire
145 Hollis Street, Unit C
Manchester, NH 03101
603.669.2411
800.835.8647

Through education, advocacy, research, and partnerships, Breathe New Hampshire works to eliminate lung disease and improve the quality of life for those living with lung disease in New Hampshire

Founded in 1916, there have been many names as the organization and public health evolved. Despite the name changes, Breathe is the same legal organization focused on the lung health challenges in New Hampshire. Below are the various names since their founding.

2007 - Breathe New Hampshire
1987 - American Lung Association of New Hampshire
1973 - New Hampshire Lung Association
1970 - New Hampshire Tuberculosis & Respiratory Disease Association
1961 - New Hampshire Tuberculosis & Health Association
1920 - New Hampshire Tuberculosis Association
1916 - New Hampshire Association for the Prevention of Tuberculosis

Bridges
33 East Pearl Street, P.0. Box 217
Nashua, NH 03061
603.889.0858
603.883.3044 Crisis Line

Bridges
16 Elm Street, Suite 2
Milford, NH 03055
603.672.9833
603.883.3044 Crisis Line

Bridges is committed to eliminating domestic and sexual violence, and to providing a safe and empowering environment for its survivors. Services include: a 24 hour hotline, victim assistance I advocacy, a safe haven for battered and abused women and their children, Crisis Intervention, education and outreach to the community.

Camp Allen
56 Camp Allen Road
Bedford, NH 03110
603.622.8471

Camp Allen is a residential camping facility serving children, adolescents, and adults with physical and/or developmental disabilities. Activities are structured to meet the abilities of each camper.

Return to Table of Contents

(The) CareGivers, Inc.
491 Amherst Street
Nashua, NH 03063
603.595.4502, Ext. 205

Serving the Greater Nashua and Manchester area, The CareGivers, Inc. provides volunteers to work with and enable frail elderly and/or disabled persons to maintain their independence and dignity. Non-medical services include transportation to doctor's offices and grocery stores, weekly companionship, telephone reassurance. For individuals who are homebound, cannot access a cab or bus due to physical disabilities, or who are unable to pay for services , volunteers will pick up groceries and deliver them.

CareNet Pregnancy Center
110 Main Street
Nashua, NH 03060
603.882.1122

The CareNet Pregnancy Center is a non-profit organization, which provides free pregnancy tests, and support services for teens and women. Believing that the best choice is an informed one, the CPC compassionately educates women on various options, discussing all aspects of each alternative.

Child & Family Services of NH
112 East Pearl Street
Nashua, NH 03060
603.889.7189
800.640.6486 ParentLine

Child and Family Services of NH is a private, nonprofit that works to advance the well-being of children and families through an array of social services that includes following: child abuse prevention, intervention and treatment; mental health counseling; home-based family strengthening and support; runaway and homeless youth services; eldercare; transitional and independent living; foster care; family counseling; adolescent substance abuse treatment; in-school social work; early intervention for children with developmental concerns; after-school programs for adjudicated youth; pregnancy counseling and prenatal supports & services; support for families with children who have chronic health conditions; adoption; summer camp for disadvantaged youth; and a child advocacy program that works at the legislative level to protect the best interests of children.

Return to Table of Contents

Child Advocacy Center of Hillsborough County - Nashua Site
Granite State Children's Alliance
2 Wellman Avenue, Suite 140
Nashua, NH 03065
603.889.0321

There is a Child Advocacy Center (CAC) in every county of our state, each providing coordinated services to child victims of crime and their families. Based on a nationally recognized model, New Hampshire's Child Advocacy Centers are community partnerships dedicated to pursuing the truth in child abuse cases and coordinating social services for child victims. By bringing together our State's law enforcement, county attorneys, protective services, victim advocacy agencies and health professionals, New Hampshire's child advocacy centers provide safe, child friendly locations for interviewing child victims, coordinating the investigative team and providing ongoing help for the victim's recovery.

(The) Cinderella Project of NH
603.210.1415

The Cinderella Project of NH (CPNH), is a state-wide non-profit organization dedicated to promoting confidence in young women. CPNH distributes new and gently-worn formal dresses and accessories, free of charge, to financially challenged young women.

Court Appointed Special Advocates of New Hampshire (CASA of NH)
138 Coolidge Avenue
Manchester, NH 03102
603.626.4600
800.626.0622

CASA of NH is a private non-profit organization that recruits, trains and supervises volunteers from the community to advocate on behalf of abused and neglected children.

Crotched Mountain Specialty Hospital
One Verney Drive
Greenfield, NH 03047
603.547.3311
800.394.3311

Crotched Mountain is a charitable organization employing more than 900 people, whose mission is to serve individuals with disabilities and their families.

Harry Gregg Foundation
603.547.3311
800.394.3311, Ext.1490
Established in memory of the founder of Crotched Mountain, the Harry Gregg Foundation provides financial assistance to people in NH with physical, intellectual, or emotional disabilities. hgf@crotchedmountain.org

Return to Table of Contents

Dartmouth-Hitchcock Nashua
2300 Southwood Drive
Nashua, NH 03063
603.577.4000

Dartmouth-Hitchcock is a national leader in patient-centered health care and building a sustainable health system. Founded in 1893, the system includes New Hampshire's only Level 1 trauma center and its only air ambulance service, as well as the Norris Cotton Cancer Center, one of only 41 National Cancer Institute-designated Comprehensive Cancer Centers in the nation, and the Children's Hospital at Dartmouth-Hitchcock, the state's only Children's Hospital Association-approved, comprehensive, full-service children's hospital.

As an academic medical center, Dartmouth-Hitchcock provides access to nearly 1,000 primary care doctors and specialists in almost every area of medicine, as well as world-class research at the Audrey and Theodor Geisel School of Medicine at Dartmouth.

Disabilities Rights Center
64 North Main Street, Suite 2, 3rd Floor
Concord, NH 03301
603.228.0432
800.834.1721

The Disabilities Rights Center is dedicated to eliminating barriers existing in NH to the full and equal enjoyment of civil and other legal rights by people with disabilities.

Donated Dental Services – Dental Life Network
2 Delta Drive
Concord, NH 03302
603.223.1531
800.292.1241

The Donated Dental Services (DDS) program is a collaborative, direct way that the dental profession reaches out to individuals with special needs, disabled, elderly or medically-compromised individuals who cannot afford necessary treatment nor get public aid..

Easter Seals New Hampshire
555 Auburn Street
Manchester, NH 03103
800.870.8728 // 603.623.8863

Easter Seals New Hampshire – Nashua office
491 Amherst St.
Nashua, NH 03063
603.889.0735

Easter Seals is a comprehensive provider of rehabilitative services dedicated to helping people with disabilities achieve maximum independence with services throughout the state.

Elderhostel – Road Scholar
800.454.5768

Elderhostel is a not-for-profit organization dedicated to providing extraordinary learning adventures for people 55 and over. Road Scholar educational adventures are created by Elderhostel, the not-for-profit world leader in lifelong learning since 1975.

Return to Table of Contents

Family Promise of Greater Nashua @ Anne-Marie House (AMH)
180 Lowell Road
Hudson, NH 03051
603.883.7338

Family Promise of Greater Nashua at Anne-Marie House (AMH) supports the needs of children and families experiencing homelessness as they work to achieve sustainable income, housing and transportation. AMH provides safe and secure transitional housing, wholesome meals, transportation, continuing education and other support services, such as parenting and financial literacy programs.

Family Resource Center of Greater Nashua @ Boys & Girls Club of Greater Nashua
47 Grand Avenue
Nashua, NH 03060
603.883.0523

Housed at the Boys & Girls Club, the Family Resource Center of Greater Nashua provides an on-going schedule of programs on a variety of topics. Many are offered free of charge. Complimentary child care is available for many programs. The Family Resource Center of Greater Nashua is a collaborative effort of a group of Nashua family-serving organizations led by the Adult Learning Center, Boys & Girls Club of Greater Nashua, Child and Family Services, Prevention Makes Cents and Southern New Hampshire Services.

Gateways Community Services
144 Canal Street
Nashua, NH 3060
Phone: 603.882.6333
Fax: 603.889.5460

Gateways Community Services is a private non-profit corporation created in 1981 to establish and maintain programs and services which promote growth and independence for individuals with developmental disabilities. Provides information, services, and support to families that have a member with a developmental disability living with them. Work directly and in partnership with other community organizations to provide education, information, personalized supports, and other resources.
Some Services free of charge, while others require Medicaid or Other Insurance Coverage

Girl Scouts of Green & White Mountains
1 Commerce Drive
Bedford, NH 03110
603.627.4158
888.474.9686

In Girl Scouts, girls discover the fun, friendship, and power of girls together. Through many enriching experiences provided, they grow courageous and strong in mind, body and spirit. It is open to girls ages 5 through 17.

Return to Table of Contents

Girls Inc. of NH
27 Burke Street
Nashua, NH 03060
603.882.6256

Girls Inc. is a national non-profit organization dedicated to inspiring girls to be strong, smart and bold. Girls Inc. offers summer camp, outreach and after school programs and full time kindergarten throughout the state.

Good News Garage
325 Merrill Street
Manchester, NH 03103
603.669.6937
877.400.6065

Good News Garage is an innovative program working to improve lives and inspire hope by providing low income families and individuals with safe, reliable cars to enable them to access jobs and other economic opportunities that will ultimately help them achieve self-sufficiency.

Granite State Independent Living
21 Chenell Drive
Concord, NH 03301
603.228.9680
800.826.3700

Founded in 1980, Granite State Independent Living (GSIL) is a statewide nonprofit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education, support and transition services.

Greater Nashua Dental Connection
31 Cross Street
Nashua, NH 03064
603.879.9314

The Greater Nashua Dental Connection serves people of all ages, regardless of financial, linguistic, cultural or geographic barriers and facilitates their access to dental services. The GNDC not only offers care to those who are eligible for benefits, but also low-cost services to those without insurance or benefits.

Those who are eligible for GNDC's services include individuals (both children and adults) and families living in New Hampshire who:

- are without insurance or
- are eligible for Medicaid or
- have Healthy Kids Health Insurance and
- are in need of affordable, quality dental care

Return to Table of Contents

Greater Nashua Habitat for Humanity
P.O. Box 159
Nashua, NH 03061
603.883.0295

Greater Nashua Habitat For Humanity works in partnership with local people and businesses to develop communities with people in need by building and renovating houses, so that there are decent houses in decent communities. Serving the communities of Amherst, Hollis, Hudson, Merrimack, Milford, Nashua and Pelham, Brookline, Greenville, Lyndeborough, Mason, Mont Vernon, Wilton & Windham.

Greater Nashua Mental Health Center
7 Prospect Street
Nashua, NH 03060
603.889.6147

Greater Nashua Mental Health Center is dedicated to helping families and individuals of all ages reach their full potential by providing state-of-the-art, evidence-based care that focuses on recovery. We pride ourselves on creating a welcoming environment that places a high value on every person who comes through our doors. We believe that by respecting people as they are, we can help them to become all that they wish to be. Services include: Case management, functional supports, individual and family counseling, medication management, and more.
Some Health Insurances accepted and sliding fee scale available for eligible clients.

Child & Adolescent Program
15 Prospect Street
Children and adolescents with emotional disorders require services designed to meet their individual mental health needs, supportive services for their families, and cooperative programming with their schools and other providers.

Individual, Group & Family Therapy, Young Adult Program, Children's ACT Program, Mental Health in Schools Program, Greater Nashua Supervised Visitation Center, Children First/Child Impact Seminars, Psychiatric Treatment

---

Programs for Adults
7 Prospect Street / 440 Amherst Street
Adult services range from brief therapy for individuals and couples to intensive supports for individuals with severe, persistent mental illness, as well as specific behavioral health interventions.

Assessment & Brief Treatment, Individual, Couples & Group Therapy, Community Support Services, Assertive Community Treatment , Psychiatric Treatment, Substance Abuse Treatment Program

---

Services to Specific Populations
7 Prospect Street
Deaf Services Team, Elder Services

Special Projects/Services
The Center has created a number of essential services and of care. Many of these programs have been developed in collaboration with our provider partners.

24-Hour Emergency Services
Homeless Outreach Services
Drug Court
A Place to Live Housing Program
Community Connections Mental Health Court Project
Disaster Behavioral Health Response Team
Center for Psychiatric Advancement, Inc.

Return to Table of Contents

GreenPath Debt Solutions
250 Commercial Street, Suite1009
Manchester, NH 03101
603.626.4530
800.550.1961

A non-profit, credit counseling organization that has been helping people get out of debt since 1961

Grey Nuns Thrift Shop
25 Marshall Street
Nashua, NH 03060
603.883.2850

A thrift shop that sells clothing at a very reasonable cost.

Harbor Care Health & Wellness Center
45 High Street
Nashua, NH 03060
603.821.7788

Harbor Care Health and Wellness Center offers primary and preventive health care to youth, and adults who are without health insurance, with health insurance, homeless or at risk, living with friends and family, low income or with Medicaid or Medicare. Services are offered in all languages, including English and Spanish. Care is offered to anyone in need of health care by walk-in or appointment.

Harbor Homes
45 High Street
Nashua, NH 03060
603.882.3616

Harbor Homes is a private, non-profit organization providing residential services to individuals with severe and prolonged psychiatric illnesses, ·with supervision related to individual needs. Harbor Homes offers social, occupational, and daily living skills training.

Healthy At Home Inc
45 High Street #2
Nashua, NH 03060
603.595.4243

Healthy at Home, Inc. (HAH) is a nonprofit agency that offers both medical and non-medical services including nursing, rehabilitation therapy, companion and homemaking services, personal care assistance, errands, infusion therapy, transportation, shopping, medication reminder and friendly telephoning.

Return to Table of Contents

H.E.A.R.T.S. Peer Support & Crisis Respite Center of Greater Nashua
P.O. Box 1564, 5 Pine Street Extension, Suite 1G
Nashua, NH 03060
603.882.8400
800.306.4334 (Warm Line)

Hope, Empowerment, Advocacy, Recovery, Towards Support
A non-profit Peer Support Center whose aim is to develop greater awareness of personal and relational patterns and to provide support and challenges through peer support, self-advocacy, empowerment, and education; whose ultimate goal is to achieve recovery and ongoing wellness.

High Hopes Foundation of NH
12 Murphy Drive, Suite 106
Nashua, NH 03062
603.966.3483

The High Hopes Foundation of New Hampshire, Inc. is a volunteer-based, non-profit, 501(c)(3) charitable organization dedicated to making the dreams of New Hampshire's seriously or chronically ill children become a reality.

Home Health & Hospice Care
7 Executive Park Drive
Merrimack, NH 03054
603.882.2941
800.887.5973

Home Health & Hospice Care (HHHC) is a non-profit Visiting Nurse Association and hospice, serving patients of all ages and all circumstances in southern NH.

Humane Society of Greater Nashua
24 Ferry Road
Nashua, NH 03064
603.889.2275

Providing for and protecting abandoned, abused, neglected and unwanted animals. Services include Animal Surrender, Pet Adoption, Dog Transport, Low Cost Vaccine Clinics, and Cemation and Burial Services.

A registered 501(c)(3) non-profit organization that has been supporting Greater Nashua since inception in 1900.

Return to Table of Contents

International Institute of New Hampshire
1850 Elm Street
Manchester, NH 03103
603.647.1500

Offering comprehensive resettlement services to newcomers in New Hampshire, the International Institute of New Hampshire's mission is to provide the resources, guidance, and educational opportunities that enable new Americans, single parents, children, families and individuals to make a positive contribution to our communities and to become economically self-sufficient. All IINH services are offered free of charge, except certain legal and citizenship services, which are provided at nominal fees.

Joseph's Closet
Contact: Kathy Rice-Orshk at St. Joseph's Hospital, Nashua
603.598.3301
Durable medical equipment (DME) to individuals in need

Keystone Hall
615 Amherst Street
Nashua, NH 03060
603.881.4848
hope@keystonehall.org

Keystone Hall is a nonprofit agency established in 1990 to increase public awareness of alcoholism and other drug use, and to plan, develop, and coordinate community programs focused on fighting addiction. Keystone Hall serves the greater Nashua area, and provides crisis intervention, social detoxification, case management, transitional housing, and outpatient counseling services to substance abusers who are indigent, homeless, and without resources or health insurance.

All treatment and services are gender-specific, trauma informed, and "open programs" with individuals able to start treatment as soon as space is available. All treatment is evidence-based. Services are offered in both English and Spanish.

Lamprey Health Care - Nashua
22 Prospect Street
Nashua, NH 03060
603.883.1626

Lamprey Health Care is New Hampshire's oldest and largest private, non-profit community health center providing primary medical care and health related services with an emphasis on prevention and lifestyle management to all individuals regardless of ability to pay.

Legal Advice & Referral Center (LARC)
15 Green Street
Concord, NH 03302
800. 639.5290

Legal Advice & Referral Center provides information, legal advice and referral services to indigent residents of NH. LARC concentrates its efforts in four areas of the law: family, public benefits, consumer/bankruptcy, and housing.

Return to Table of Contents

Libraries

Amherst
Amherst Town Library
14 Main Street
Amherst, NH 03031
603.673.2288

Brookline
Brookline Public Library
16 Main Street
Brookline, NH 03033
603.673.3330

Hollis
Hollis Social Library
2 Monument Square, P.O. Box 659
Hollis, NH 03049
603.465.7721

Hudson
Rodgers Memorial Library
194 Derry Road
Hudson. NH 03051
603.886.6030

Litchfield
Aaron Cutler Memorial Library
269 Charles Bancroft Highway
Litchfield, NH 03052
603.424.4044

Lyndeborough
J.A. Tarbell Library
136 Forest Road, P.O. Box 54
Lyndeborough, NH 03082
603.654.6790

Merrimack
Merrimack Public Library
470 Daniel Webster Highway
Merrimack, NH 03054
603.424.5021

Milford
Wadleigh Memorial Library
49 Nashua Street
Milford, NH 03055
603.249.0645

Mont Vernon
Daland Memorial Library
5 North Main Street
Mont Vernon, NH 03057
603.673.7888

Nashua
Nashua Public Library
2 Court Street
Nashua, NH 03060
603.589.4600

Pelham
Pelham Public Library
24 Village Green
Pelham, NH 03076
603.635.7581

Wilton
Wilton Public and Gregg Free Library
7 Forest Road
Wilton. NH 03086
603.654.2581

Return to Table of Contents

Library, NH State
20 Park Street
Concord, NH 03301
603.271.2144
800.298.4321, Toll-Free (NH only)
603.271.7931, Family Resource Connection

The NH Library Directory is an online database of public, academic and special libraries in New Hampshire. The database is searchable by town or library name.
The Reference Staff of the New Hampshire State Library will respond to all questions about New Hampshire. These would include but are not limited to questions about ...

- Administrative rules
- Genealogy
- History
- Laws and legislation
- New Hampshire people and places
- State government agencies, services, and organizations
- Statistics

Talking Book Library, NH State
117 Pleasant Street
Concord, NH 03301
603.271.3429
800.491.4200, Toll-Free (NH only)

The Talking Book program exists to meet the reading needs and interests of New Hampshire residents who are physically unable to see, handle or process printed material comfortably.

Lil' Iguana's Resale Store
472 Amherst Street, Suite
11 Nashua, NH 03063
603.881.9805

DESCRIPTION: Lil' Iguana Resale Store sells household items, antiques, glassware, electronics,furniture, toys, games, children's clothing, adult clothing, baby items, shoes, etc. Proceeds benefit the Lil' Iguana's Children's Safety Foundation, a nonprofit child safety organization.

Lucky Dog Thrift Shop
23 Elm Street
Nashua, NH 03060
603.882.3647

DESCRIPTION: Lucky Dog Thrift Shop features new and gently used items; clothing and accessories, electronics, furniture, housewares, and more. We are the Fundraising Headquarters for the non-profit, Tails To Freedom, Inc., where 100% of our profits benefit animals and the earth.

Return to Table of Contents

Make A Wish Foundation of NH
814 Elm Street, Suite 300
Manchester, NH 03101-2230
603.623.9474

Granting wishes to children between the ages of two and a half and eighteen with terminal or life threatening illnesses.

Marguerite's Place
87 Palm Street
Nashua, NH 03060
603.598.1582

Marguerite's Place is a nonprofit 501(c) 3 transitional housing and supportive services program for homeless women in crisis, age 18 to 45, and their children. The program coordinates a variety of supportive services, including on-site day care, life skills, case management, training and employment programs, with the goal of helping women achieve self-sufficiency.

Mary's House
123 West Pearl Street
Nashua, NH 03060
603.886.3562

Mary's House, a program of Southern New Hampshire Services, Inc. provides homeless women with a stable living environment, needed supportive services, and assistance in becoming increasingly productive members of the community.

Milford Regional Counseling Services, Inc
15 Union Street
Milford, NH 03055
603.673.2508

Milford Regional Counseling Services is a non-profit organization that offers personalized, professional, and affordable mental health counseling services to individuals, couples, and families.

Milford Regional Counseling Services primarily serves people who live in the Souhegan Valley, and southern and western regions of New Hampshire, including the cities and towns of Milford, Amherst, Allenstown, Lyndeborough, Litchfield, Greenville, Greenfield, Goffstown, Bedford, Francestown, Hollis, Hudson, Mason, Mont Vernon, New Boston, Deerfield, Deering, New Ipswich, Brookline, Wilton, Peterborough, Temple, Nashua, and Manchester.

Return to Table of Contents

More Than Wheels
15 Eagle Court
Keene, NH 03431
866.455.2522

Formerly Bonnie CLAC, More than Wheels is a nonprofit organization that provides free financial fitness, budget counseling, negotiation and analysis so that clients can purchase a car.

Muscular Dystrophy Association
One Sundial Avenue #208N
Manchester, NH 03103
603.471.2722

The Muscular Dystrophy Association is a voluntary health agency with a dedicated partnership between scientists and concerned citizens aimed at conquering neuromuscular diseases that affect more than a million Americans.

Nashua Area Child Care Resource and Referral Service
88 Temple Street
Nashua, NH 03060
603.578.1386, Ext. 31
855.393.1731

Southern NH Services, Inc. Child Care Resource and Referral Services offers FREE & CONFIDENTIAL child care referral services to families and early childhood professionals. Services provided include assisting families with the important process of selecting child care by providing a tailored list of child care programs that may meet the family's needs, and answering questions about child care issues. The program also helps child care professionals with on-going trainings and consultations to support the professional development of child care programs.

Nashua Center
18 Simon Street
P.O. Box 1269
Nashua, NH 03061
603.883.6163

The Nashua Center provides services and activities for severely physically disabled adults and children and is committed to providing the highest quality of specialized care and support to each individual served while promoting growth in independence. In-Home Senior Care is the ideal solution for elderly or chronically ill individuals who want to maintain their independence and dignity by continuing to live in the comfort of their own homes. Our companion caregivers make lives easier by performing many of the tasks that have become difficult. In-Home Senior Care provides non-medical in-home care for elder and chronically ill adults who want to maintain their independence and dignity by continuing to live in the comfort of their own homes.

Return to Table of Contents

Nashua Children's Home
125 Amherst Street
Nashua, NH 03064
603.883.3851

Nashua Children's Home provides care and stability for children unable to remain with their families, special education services, and support for families to remain intact.

Nashua Housing Authority
40 East Pearl Street, 1st Floor
Nashua, NH 03060
603.883.5661

The Nashua Housing Authority provides quality affordable housing and programs that empower residents co achieve upward mobility, as originally intended under the public housing program.

The Front Door Agency
7 Concord Street
Nashua, NH 03064
603.886.2866

Care Center at Norwell
603.595.5494
Transitional Housing

The Front Door Agency serves individuals and families in transition through five core programs: Transitional Housing, Prevention and Intervention of Homelessness, Crisis Advocacy and Resource Education, Financial Literacy and Mental Health Counseling, serving those who need assistance with basic needs by providing direction and educational opportunities as they transition from crisis to self-sufficiency

Return to Table of Contents

Nashua PAL

52 Ash Street Nashua, NH 03060 · Phone (603) 594-3733

52 Ash Street
Nashua, NH, 03063
P. (603) 594-3733
E. youthsafehaven@nashuapal.com

In 1989 PAL was founded with the mission to create a positive attitude between the children of Nashua and the members of the Nashua Police Department through sponsored sports, activities and enrichment programs. We aim to succeed in our mission by setting goals to:

- Target area youth for PAL programs who live in "at risk" neighborhoods
- Build friendship and trust among police officers and city youth by providing opportunities to interact in positive environments such as sports, activities and enrichment programs
- Provide opportunities for all youth to participate in PAL programs by providing them at no cost
- Promote health, fitness and education while instilling the values of good character
- Reduce and eliminate substance abuse and other juvenile delinquent behavior

Since its inception in 1989, PAL has grown to support programs such as:

- PAL FORCE Football and Spirit programs
- Boxing
- Cross Country Running
- Street Hockey
- Community Center

The Nashua Police Athletic League has a mission to foster positive relationships between youth and police. PAL is fortunate to have a number of programs that assist this mission and help youth in and around the City of Nashua. PAL offers a large variety of sports, education, recreational, and enrichment programs to all of Nashua's youngsters.

Whether it is the PAL Community Center, Football, Cross Country, Cheerleading, or Boxing, we invite you to continue to learn about our organization by browsing our web site.
http://www.nashuapal.com/

Return to Table of Contents

Nashua Senior Activity Center
70 Temple Street
Nashua, NH 03060
603.889.6155

A drop in center for adults 50 years and older to participate in membership based programs and services.

Nashua Soup Kitchen & Shelter
2 Quincy Street
Nashua, NH 03060
603.889.7770

Nashua Soup Kitchen and Shelter provides shelter and food to people in need. The overall objective of the agency is to advocate, create and operate programs and services that promote dignity and self-sufficiency.

Programs include meals, food pantry, emergency shelter, Hispanic advocacy, transitional housing, employment advocacy, diapers and toiletry distribution. Nashua Soup Kitchen & Shelter provides employment training & assistance in getting a job.

Nashua Transit System
11 Riverside Drive
Nashua, NH 03060
603.880.0100

Public bus fixed route service and demand-response paratransit service in the region are provided by the Nashua Transit System (NTS). Fixed route service in Nashua is called Citybus. Citybus offers fixed route transit service via 9 routes that cover the most populated neighborhoods and most commercial and industrial areas of the City of Nashua.

The Nashua Transit System "Paratransit" program serves riders who, because of a disability, are unable to use the City Bus system. Passengers who meet the criteria of the Americans with Disabilities Act are eligible or seniors 60+ are eligible for this program.

Limited City Lift service is also available for Merrimack and Hudson residents. Service is also available in Amherst, Brookline, Hollis, Mont Vernon, Wilton, and Milford.

Pre-registration and reservations are required.

Return to Table of Contents

National Alliance on Mental Illness (NAMI)
15 Green Street
Concord, NH 03301
603.225.5359
800.242.6264

NAMI NH is dedicated to the eradication of mental illness and improvement in quality of life of those affected by these diseases. NAMI provides education, support and advocacy for helping families with a mentally ill member.

National Association of the Deaf
814 Thayer Avenue
Silver Spring, MD 20910
Voice 301.587.1788
TTY 301.587.1789

The National Association of the Deaf is a non-profit organization dedicated to the promotion of the economic, educational, cultural, and social welfare of deaf citizens in New Hampshire. Primary areas of focus include grassroots advocacy and empowerment, policy development and research, legal assistance, captioned media, information and publications, and youth leadership.

NH Association for the Blind
25 Walker Street
McGreal Sight Center
Concord, NH 03301
603.224.4039 // Toll-Free in NH 800.464.3075

Programs focus on low-vision services, mobility training, daily living skills, technology and Braille, social work service, counseling, and information & referral. Primary rehabilitation overall helps individuals adjust to a visual impairment and maintain independence by developing practical daily living skills.

Return to Table of Contents

NH Bar Association
2 Pillsbury Street, Suite 300
Concord, NH 03301
603.224.6942

The New Hampshire Bar Association (NHBA) is a non-profit, court-mandated organization. As a unified bar, all attorneys licensed to practice in the state, and NH judges must belong to the NHBA and pay annual dues.

If you need a lawyer, but cannot afford to pay standard legal fees, the Reduced-Fee Referral Program operated by LRS may be able to help.
Lawyer Referral Service 603.229.0002

If your income is low, AND you cannot afford to pay an attorney, the Legal Advice and Referral Center (LARC) may be able to assist you (For non-criminal [civil] matter ONLY.) 800.639.5290

NH Catholic Charities
261 Lake Street
Nashua, NH 03060
603.889.9431
800.562.5249

New Hampshire Catholic Charities provides all services regardless of age, race, sex, religion or ability to pay. New Hampshire Catholic Charities provides food for the hungry, counseling, parenting classes, support groups, temporary or permanent . homes for children and the elderly, job training, immigration assistance, sign language classes, maternity and adoption services as well as referrals and connections to other programs that can help.

NH Community Loan Fund
7 Wall Street
Concord, NH 03301
603.224.6669

NH Community Loan Fund is a private nonprofit organization, founded in 1983 with the belief chat low-income people could build their assets and gain long-term economic stability if they could be connected to institutions and people with capital resources and the willingness to share them. The Loan Fund's programs fall into three general areas of Affordable Housing; Community Facilities; and Economic Opportunity.

Return to Table of Contents

NH Foundation for Healthy Communities
125 Airport Road
Concord, NH 03301
603.225.0900

The Foundation for Healthy Communities is a nonprofit corporation that exists to improve health and health care.

Medication Bridge is an initiative to help low income persons access needed medications free or at a reduced cost to eligible individuals from pharmaceutical companies. For a list of participating providers, visit the website. www.healthynh.com

NH Health Access Network is a voluntary effort by health care providers to improve access to health care for low-income children and adults statewide. The Network helps low-income people in NH who do not have enough health insurance or enough money to pay for hospital care, doctor visits or other medical care. For a list of participating providers, visit the website. www.healthynh.com

NH Housing Finance Authority
32 Constitution Drive
Bedford, NH 03110
800.640.7239

New Hampshire Housing Finance Authority operates a broad range of programs designed to assist low and moderate income persons and families obtain decent, safe and affordable housing. New Hampshire Housing administers the Federal Housing Choice Voucher Rental Assistance Program throughout the State of New Hampshire. New Hampshire Housing provides a list of apartments for rent through landlords who are willing to participate in the Housing Choice Voucher Program.

NH Legal Assistance
603.598.3800
800.562.3174

Provides free legal advice/representation to low income clients and seniors (60+) in certain civil legal matters that impact this population.

Return to Table of Contents

NH Employment Security - NH Works
6 Townsend West
Nashua, NH 03063
603.880.5177

NH Employment Security (NHES) is a federally funded state agency. NH Employment Security has free services, resources, and tools to help you with the entire job search process.

The NH WORKS Resource Centers located within each of the 13 local offices provide services, information, resources and tools for job seekers. The NH WORKS Resource Centers provide these services and information in a one-stop setting.

Parent Information Center – PIC
4 Lake Street
Nashua, NH 03060
603.598.8012

The Parent Information Center provides information, support, technical assistance and training to parents, family members, and professionals. PIC also supports family involvement in the educational process and promotes collaboration.

Pastoral Counseling Services
2013 Elm Street
Manning House, 2nd Floor
Manchester, NH 03104
603.627.2702
603.882.4861

Nashua Satellite Office
1 Concord Street
First Church of Nashua
Nashua, NH 03060
603.882.4861

Pastoral Counseling Services, Inc. provides psychotherapy and counseling to individuals, couples, families, and groups. In addition to counseling services, PCS impacts the vitality of our community by partnering with other non-profit organizations to help underserved & at risk populations with stress management techniques and honoring those who "go above & beyond" with the Good Samaritan Award

Return to Table of Contents

Phoenix Academy
1 Pierce Road, Box 354
Dublin, NH 03444
603.563.8501

Clinically Managed High Intensity Residential Substance Abuse Treatment Services for youth under 18.

Phoenix House New Hampshire
Keene Center
106 Roxbury Street
Keene, NH 03431
603.358.4041

Clinically Managed Medium Intensity Residential Substance Abuse Treatment Services for Adults.

Planned Parenthood of Northern New England
24 Pennacook Street
Manchester, NH 03104
603.669.7321

PPNNE provides, promotes, and protects access to reproductive health care and sexuality education so that all people can make voluntary choices about their reproductive and sexual health.

(The) PLUS Company
240 Main Dunstable Road
Nashua, NH 03062
603.889.0652

Residential and vocational services for adults with disabilities.

Retired and Senior Volunteer Program (RSVP)
145 Ledge Street
Nashua, NH 03060
603.598.9421

The Retired & Senior Volunteer Program (RSVP) is a national service program of the Corporation for National and Community Service. RSVP's purpose is to connect the 55 and better generation with the people and organizations that need ongoing volunteer support. Volunteer skills, knowledge, and experience make a real difference to individuals, nonprofits, faith-based and local community organizations that are seeing an increased demand for their services. RSVP is sponsored by Southern New Hampshire Services and serves Hillsborough County. Signature programs include the RSVP Fixit Program, and Bone Builders.

Return to Table of Contents

(The) Salvation Army
1 Montgomery Avenue
Nashua, NH 03060
603.883.7841

(The) Salvation Army Thrift Shop
217 West Hollis Street
Nashua, NH 03060
603.880.0271
To arrange pickup of donations call
800.626.1122, Ext. 222, M - F, 9 am – 5 pm.

Comprehensive social ministries provide prevention, support, protection, alleviation, rehabilitation, treatment, guidance, education, and opportunities for personal development.

Senior Companion Program
2 Industrial Park Drive, P.O. Box 1016
Concord, NH 03302-1016
800.856.5525

The Senior Companion Program is a volunteer program which enables income eligible people 60 years of age and older the opportunity .to serve others in their communities.

Serve New England
888.742.7363

Serve New England is a program designed to promote volunteer service by offering deep discounts on the highest quality grocery, meat, and vegetable items to community-minded individuals willing to volunteer 2 hours of their time each month to a worthy cause. Serve New England's program has no eligibility requirements and is open to anyone.

ServiceLink of Hillsborough County
70 Temple Street
Nashua NH 03060
603.598.4709
866.634.9412

ServiceLink is a statewide network of locally administered, community-based resources for seniors, adults with disabilities and their families. ServiceLink can answer your questions and connect you to the appropriate services that support healthy and independent living.

Return to Table of Contents

Social Security Administration
175 Amherst Street, Suite 2
Nashua, NH 03064
603.880.0295
800.772.1213

To advance the economic security of the nation's people through compassionate and vigilant leadership in shaping and managing America's Social Security programs.

Souhegan Valley Boys & Girls Club
56 Mont Vernon Street
Milford, NH 03055
603.672.1002

A youth organization dedicated to promoting healthy lifestyles, social, educational, vocational, cultural, character and leadership development. It strives to help young people improve their lives by building self-esteem and development of values and skills during critical periods of growth.

Souhegan Valley Resources
11 Caldwell Drive
Amherst, NH 03031
603.883.4402

SVR trains and employs individuals with disabilities.

Southern New Hampshire HIV/AIDS Taskforce
12 Amherst Street
Nashua, NH 03064
603.595.8464

The Southern New Hampshire HIV/AIDS Task Force is a non-profit AIDS Service Organization that provides affordable housing, case management, and supportive services including access to medical care and medications to individuals and families who are living with HIV/AIDS. The Southern New Hampshire HIV/AIDS Task Force offers HIV testing and counseling to those at risk of HIV infection. As a member of the Partnership for Successful Living, the Southern New Hampshire HIV/AIDS Task Force offers a unique, holistic approach to care and prevention resulting in better outcomes for our clients and the community.

Return to Table of Contents

Southern New Hampshire Medical Center
8 Prospect Street
Nashua, NH 03060
603.577.2000
603.577 .2728, ACCESS Team
603.577.2255, HEALTHMATCH

Southern NH Medical Center provides healthcare services to the Greater Nashua community.
Medical Center Departments include Behavioral Health, The Birth Place, The Cancer Center, Cardiology, deNicola Breast Health Center, Diabetes Education, Diagnostic Services, Emergency Services, Fertility Center, Laboratory Services, Neonatal Intensive Care Unit, Obesity Center, Preventative Nutrition, Radiology Services, Rehabilitation Center, Renal Dialysis, Sleep Center, Surgical Services, Travel Clinic, Women's' Health, Classes, Groups & Events.

St. Joseph Hospital
172 Kinsley Street
Nashua, NH 03061
603.882.3000
800.210.9000, MedCall

St. Joseph Hospital provides healthcare services to the Greater Nashua community.
St. Joseph Healthcare Programs include: Adult Day Health Center, Behavioral Health Services, Breast Care Center, Cancer Center, Cardiac Rehabilitation, The Cardiovascular Center, Center for Neuropsychology, Learning & Behavioral Medicine, Childbirth Center, Rockingham Ambulance, SAGE for Senior Citizens, Senior Adult Mental Health, and Sleep Disorders Center.

Joseph's Closet
Contact: Kathy Rice-Orshk at St. Joseph Hospital
603.598.3301

For durable medical equipment (DME) to individuals in need

Home & Hospice Care 603.673.3460
St. Joseph Home & Hospice Care provides vital services and programs in three major areas of Home Care: Palliative Care, Hospice Program, and Family Wellness Clinics. With offices in Nashua and Milford

Return to Table of Contents

Southern New Hampshire Services, Inc
Central Office Location
40 Pine Street
Manchester NH 03103
603.668.8010
800.322.1073, Hillsborough County
603.647.4470, Voice Mail

Mailing Address:
P.O. Box: 5040
Manchester NH 03108-5040

As the Community Action Program for Hillsborough and Rockingham Counties, Southern New Hampshire Services advocates for and provides a variety of social service programs for the economically disadvantaged elderly, youth and other specialized populations.

The Promise of Community Action:
"Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other."

Outreach offices

134 Allds Street
Nashua, NH 03060
603.889.3440
877.211.0723

Hillsborough
603.464.3136

Greenville
603.878.3364

Peterborough
603.924.2243

Cultural, Community and Educational Centers

Alpha Youth Services
555 Union Street
Manchester, NH 03104
603.625.5031

2-1-1 NH
P.O. Box 211
Manchester, NH 03105
866.444.4211
TTY: 603.634.3388

Latin American Center
521 Maple Street
Manchester, NH 03104
603.669.5661

Pathways
18 Technology Way
Nashua, NH 03060
603.889.0962

SEE Science Center
200 Bedford Street
Manchester, NH 03101
603.669.0400

Voluntary Action Center
1915 Front Street
Manchester, NH 03102
603.668.8601
800.VOLUNTEER

Return to Table of Contents

Southern New Hampshire Services, Inc. offers the following programs:

Community and Multi-Cultural Services

• ALPHA Youth Services • English Classes (ESL) • La Escuelita: A Summer Youth Program
• The Latin American Center • Spanish Interpretation/Translation

Economic and Workforce Development

• Job Barrier Counseling & Support Services • Career Exploration and Job Information
• Job Readiness, Search, and Placement • Occupational Skills Training
• Vocational Assessment • Youth Empowerment Programs

Child Development – Education Programs

• Child Care Centers • Early Head Start • Head Start • SEE Science Center

Energy Assistance

• Electrical Assistance Program (EAP) • Fuel Assistance (FAP)
• FEMA Emergency Energy Assistance
• Weatherization (WX)
• Heating Improvement Program • Neighbor Helping Neighbor
• NHSaves@Home • Senior Energy Assistance Services (SEAS)

Health, Food and Nutrition

• Community Gardens • Commodity Supplemental Foods Programs (CSFP)
• Women, Infants and Children (WIC) • Farmers Market • Summer Food Services for Children

Housing and Homeless Programs

• Housing Management •Supportive Housing for the Elderly
• Supportive Housing for the Homeless: Mary's House and Robinson House
• Lead-Based Paint Hazard Control •Homeless Prevention

Supportive Services

• Accompanied Transportation Services • Rural Transportation Program • FIX-IT
• North Peterborough Family Program • Personal Emergency Response Systems
• 2-1-1 NH • Pathways • Child Health Support Services
• The Manchester Academy • The Nashua Academy • Hillsborough Community Corrections

Volunteer Services

• NH Reads-AmeriCorps/VISTA • HICEAS (Health Insurance Counseling)
• Retired and Senior Volunteer Program (RSVP)
• Thresholds and Decisions • The Voluntary Action Center (VAC)
• Seniors Count Neighbors Care

Return to Table of Contents

St. Joseph Community Services, Inc
395 Daniel Webster Highway, P.O. Box 910
Merrimack, NH 03054
603.424.9967

St. Joseph Community Services is dedicated to promoting better physical, mental and social well-being of older and other qualified adults by providing nutritious meals at meal sites or through the Meals On Wheels, health education, and opportunities for social interaction and other related services.

Community (Congregate) Meal Sites:

Hudson	Lions Club Hall	603.594.1155
Merrimack	John O'Leary Adult Community Center	603.424.2100
Milford	VFW Hall	603.673.4094
Nashua	Senior Activity Center	603.882.2106
Nashua	Sullivan Terrace	603.883.1459

Special Olympics of NH
650 Elm Street
Manchester, NH 03101
603.624.1250
800.639.2608

Special Olympics New Hampshire (SONH) is a non-profit organization providing sports training and athletic competition for children and adults with mental challenges.

The Youth Council
112 West Pearl Street
Nashua, NH 03060
603.889.1090

The Youth Council's mission is to build strong families, free from abuse, addiction and court involvement by providing counseling, outreach and prevention throughout Greater Nashua.

*Offer sliding scale fees for some services and keep costs low for others.

- 1-2-3-4 Parents! Nashua Youth Council
- Active Parenting NOW Nashua Youth Council Children 5-12
- Active Parenting of Teens/Children 12 to 17

Tirrell House
15 Brook Street
Manchester, NH 03104
603.836.5145
603.668.2971

The Tirrell House is a transitional living program (formerly known as halfway house) for adult men involved in low intensity residential substance abuse treatment. Community living skills are taught and case management and counseling are provided. The facility hosts community AA and NA meetings.

Return to Table of Contents

United Foundation International
58 Elm Street
Nashua, NH 03060
603.889.8937

United Foundation International primarily serves the Hispanic community, providing transportation to medical appointments, immigration assistance, Spanish/English interpretation and counseling, Notary Public available, employment services, income tax assistance and information & referral in Spanish.

UNH Cooperative Extension
468 Route13 South
Milford, NH 03055
603.673.2510

UNH Cooperative Extension provides NH citizens with research based education and information, enhancing their ability to make informed decisions that strengthen youth, families and communities, sustain natural resources, and improve the economy.

United Way of Greater Nashua
20 Broad Street
Nashua, NH 03064
603.882.4011

United Way of Greater Nashua (UWGN) is a non-profit organization that makes measurable improvements in people's lives by mobilizing the caring power of our communities. Hundreds of UWGN volunteers work together to help study our communities' needs, conduct our fundraising campaign, and then decide how to invest the dollars in innovative health and human service programs that have positive, measurable outcomes.

In addition to the city of Nashua, United Way of Greater Nashua serves the following towns: Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Merrimack, Milford, Mont Vernon, and Wilton.

Return to Table of Contents

Vocational Rehabilitation, NH State of
5 Pine Street Extension, 1st Floor
Nashua, NH 03060
603.889.6844
800.635.9614

Vocational Rehabilitation assists eligible New Hampshire citizens with disabilities to secure suitable employment and financial and personal independence by providing rehabilitation services.

Welcoming Light
78 Main Street
Nashua, NH 03060
603.882.3616

Subsidized, shared independent housing for elderly and disabled individuals.

YMCA of Merrimack
6 Henry Clay Drive
Merrimack, NH 03054
603.881.7778

YMCA of Nashua
17 Prospect Street
Nashua, NH 03060
603.882.2011

The mission of the YMCA of Merrimack/Nashua is co instill values and provide opportunities for lifelong personal growth and the development of a healthy spirit, mind, and body for all. Programs offered include child care and family activities, summer camps, swim lessons, craft fairs and activities, sports for children, and adult fitness.

Return to Table of Contents

Welfare Offices:

City and Town Welfare provides short-term emergency financial assistance to income-eligible residents through a voucher system. Assistance is provided for food, current rent, current utilities and prescriptions. Eligibility is determined based on family size and circumstances, and eligible clients must continue to comply with adopted guidelines.

Amherst
2 Main Street
Amherst, NH 03031
603.673.6041 ext. 206

Brookline
1 Main Street
Brookline, NH 03033
603.673.3828

Hollis
7 Monument Square
Hollis, NH 03049
603.465.2209 ext. 103

Hudson
12 School Street
Hudson, NH 03051
603.595.6518

Litchfield
2 Liberty Way, Suite 1
Litchfield, NH 03052
603.424.4046

Lyndeborough
Citizen's Hall Road
Lyndeborough, NH 03082
603.654.5955

Merrimack
6 Baboosic Lake Road
Merrimack, NH 03054
603.423.8535

Milford
1 Union Square
Milford, NH 03055
603.249.0672

Mont Vernon
Two South Main Street
Mont Vernon, NH 03057
603.673.6080

Nashua
18 Mulberry Street
Nashua, NH 03060
603.589.4555

Pelham
6 Village Green
Pelham, NH 03076
603.635.8233

Wilton
42 Main Street
Wilton, NH 03086
603.654.9451

Return to Table of Contents

Legal Services

American Civil Liberties Union of NH (ACLU)	603.225.3080
Domestic Violence Hotline	603.644.3574
LawLine	800.868.1212
Lawyer Referral Service	603.229.0002
Legal Advice and Referral Center (LARC)	800.639.5290
Low Income Tax Payer Project	603.228.6028
NH Bar Association - Reduced Fee	603.715.3290
NH Commission for Human Rights	603.271.2767
NH Legal Assistance	800.562.3174
NH Public Defender Program – Nashua Office	800.598.4986
Office of the Public Guardian	603.224.8041
Pro-Bono Program (LARC)	800.639.5290
Senior Legal Advice Line	888.353.9944
Sexual Assault Hotline	800.277.5570

NH Circuit Court - 9th Circuit - District Division/Nashua 855.212.1234
30 Spring Street, Suite 101
Nashua, NH 03060

NH Circuit Court - 9th Circuit Probate Division / 855.212.1234
Nashua 30 Spring Street, Suite 103
Nashua, NH 03060

Hillsborough County Superior Court - Southern District 855.212.1234
30 Spring Street
Nashua, NH 03060

Hillsborough County Superior Court - Northern District 855.212.1234
300 Chestnut Street
Manchester, NH 03101

Hillsborough County Sheriff 603.882.1456
19 Temple Street
Nashua, NH 03060

Hillsborough County Registry of Deeds - Registry 603.882.6933
Hillsborough Country Registry of Deeds - Vault 603.459.6780
19 Temple Street
Nashua, NH 03060
www.nhdeeds.com

NH Attorney General's Office	603.271.3658
NH Bar .Association	603.224.6942
United States Attorney's Office NH District	603.225.1552
United States Bankruptcy Court NH	603.222.2600

Return to Table of Contents

Food Pantries

Corpus Christi Food Pantry – Serves Nashua
43 Franklin Street
Nashua, NH 03064
603.598.1641

Grace Lutheran Church – Serves Nashua
130 Spit Brook Road
Nashua, NH 03062
603.888.7579

Litchfield Community Church – Serves Litchfield
259 Charles Bancroft Highway
Litchfield, NH 03052
603.424.6057

Main Street United Methodist Church – Serves Nashua
154 Main Street
Nashua, NH 03060
603.882.3361

Nashua Christian Bible Church – Serves Greater Nashua
205 Manchester Street
Nashua, NH 03064
603.882.1055

Nashua Soup Kitchen & Shelter – Serves Greater Nashua
2 Quincy Street
Nashua, NH 03060
603.889.7770

Pelham Good Neighbor Fund – Serves Pelham
58 Hayden Drive
Pelham, NH 03076
603.635.3363

Riverside Christian Church - Food Pantry – Serves Merrimack
27 Depot Street
Merrimack, NH 03054
603.424.1711

Return to Table of Contents

Sacred Heart Church - Open Cupboard Pantry – Serves Wilton & Lyndeborough
47 Maple Street, P.O. Box 111
Wilton, NH 03086
603.654.6547

(The) Salvation Army - Food Pantry – Serves Nashua, Merrimack, Hudson & Litchfield
1 Montgomery Avenue
Nashua, NH 03060
603.889.5151

SHARE Outreach – Serves Milford, Amherst, Mont Vernon & Brookline
1 Columbus Avenue
Milford, NH 03055
603.673.9898

Southern NH Rescue Mission
40 Chestnut Street
Nashua, NH 03061
603.889.3421

St. James United Methodist Church - Community Food Pantry – Serves Merrimack
646 Daniel Webster Highway
Merrimack, NH 03054
603.546.8279

St. John Neumann Church - Food Pantry – Serves Merrimack, Nashua, Amherst
708 Milford Road, 101A
Merrimack, NH 03054
603.880.4689

St. John XXIII Parish - Food Pantry – Serves Hudson and Litchfield
23 Library Street
Hudson, NH 03051
603.883.6048

Tolles Street Mission - Food Pantry – Serves Greater Nashua
52 Whitney Street
Nashua, NH 03060
603.880.4984

Return to Table of Contents

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www._____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Name _____ Agency _____

Phone _____ Cell _____

Email _____ www. _____

Return to Table of Contents

Return to Table of Contents

Information in this booklet was accurate at the time of publication (August 2015). Information is subject to change with passage of new ordinances or state laws.

Office of the Mayor
229 Main Street
Nashua, NH 03060
Telephone: 603-589-3260
nashuamayor@nashuanh.gov

Return to Table of Contents